



**Certified Clinical Telemental Health Provider (CTMH) Certification Standards**  
Application Standards for Practicing Professionals in the United Kingdom

**1.0 Professional Standards**

1.1 Nationally registered, credentialed or member of the association noted:

**Psychotherapist or counsellor**

- Hold a full clinical membership with the UK Council for Psychotherapy (UKCP)
- Hold a full membership as a MBACP with a MA/ MSc in Counselling or Psychotherapy or MBACP-Senior Accredited or higher with the British Association for Counselling & Psychotherapy (BACP)
- Be a Senior Accredited Registrant (MNCS Snr Accred) or a Fellow Registrant with the National Counselling Society (NCS)
- Hold a Full Membership with the Association of Child Psychotherapists with a MA/ MSc in Counselling or Psychotherapy
- Hold a Full Membership with BABCP with a MA/ MSc in Counselling or Psychotherapy
- Hold a Registered Counsellor Membership with the Association of Christian Counsellors (ACC) with a MA/ MSc in Counselling or Psychotherapy
- Be a COSCA or UK Body Accredited Member of the Counselling & Psychotherapy in Scotland (COCSA) with a MA/ MSc in Counselling or Psychotherapy

**Psychologist**

- Hold a registration as a Psychologist with the Health & Care Professionals Council (HCPC)
- Hold a full registration as a Psychologist with the British Psychological Society (BPS)

**Social Worker**

- Hold a registration with the Health & Care Professionals Council (HCPC)
- Hold a Working or Independent Membership with the British Association of Social Workers (BASW)

**Psychoanalytic and psychodynamic psychotherapists**

- Hold a Full Membership with the British Psychoanalytic Council (BPC)

**Play Therapist**

- Hold a Full Membership with the British Association of Play Therapists with a MA/ MSc in Counselling or Psychotherapy

**Mental Health Nurse**

- Hold a Mental Health or Specialist Community Public Health Nurse registration with the Nursing & Midwifery Council

**Nurse**

- Hold an active registration with the Royal College of Nursing (RCN)

**Medical Doctor**

- Hold a Full, General or Specialist registration with the General Medical Council (GMC)

**Psychiatrist**

- Hold a Full, General or Specialist registration with the Royal College of Psychiatrists (RCP)

For all professions: Provisional or student registration or membership does not meet the standards for Certification. Coaches do not meet the standards for Certification, unless the Coach also holds a certification, registration or membership listed above.

Other applicants: Registered or credentialed professionals whose professional scope of practice allows them to diagnose and provide clinical mental health treatment plans for mental health disorders AND have met the registration or credentialing requirements in the United Kingdom are welcome to apply.

1.2 By applying for Certification, the applicant agrees to adhere to Evergreen Certifications' Professional Code of Ethics, available at [www.evergreencertifications.com/codeofethics](http://www.evergreencertifications.com/codeofethics)

## **2.0 Educational Standards**

2.1 The candidate must meet the following education criteria (total minimum of 12 CPD hours):

- Benefits, risks and dependency issues of using online/distance therapy and the internet in general
- Current research around the evidence for and pitfalls of online/distance therapy
- Legal and ethical issues
  - Knowledge and review of your ethical framework
  - Client privacy and data security considerations
  - Boundary issues
  - Multicultural issues
- The practice of clinical online/distance therapy
  - Adapting counselling/therapy theory and techniques to online/distance therapy, including termination of counseling/therapy
  - Screening for suitability for your client
  - Policies and procedures that protect yourself, your license and the client
    - Informed consent
    - Intake processes
    - Emergency and crisis action plans
  - Delivery methods and platforms
  - Technology competence for the clinician
  - Online/distance therapy health as a business

2.2 Suitable education sources are approved continuing education or professional development training as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for Certification.

## **3.0 Post-Educational Exam**

As part of the educational process, the applicant must complete a post test/exam and score at least an 80% on the exam.

## **4.0 Required Documentation for Certification Eligibility**

1. A copy of the applicant's professional registration, credential or membership
2. Copies of completion of training as outline in the Educational Standards
3. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.

*Please note: Certification does not imply endorsement of clinical competency. As a professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.*

## **5.0 Renewal of Certification**

To maintain Certification, a reapplication is required. The steps to re-apply for a 1-year reapplication are as follows:

1. Submit, via email, to [info@evergreencertifications.com](mailto:info@evergreencertifications.com)
  - a. A copy of your professional registration, credential or membership
  - b. Completion certificate for four (4) CPD hours in any of the following topics:
    - i. Online/distance therapy
    - ii. Law and Ethics
    - iii. Privacy compliance
2. Payment of re-certification application fee

Re-certification training hours need to have been taken in the time since you were last certified or recertified. Renewals are calculated from the date that your Certification was issued.

*If you allow your Certification to lapse for more than 1 year, you are no longer eligible to renew your Certification and instead can reapply for Certification.*