



Certified Sex Therapy Informed Professional (CSTIP) Certification Standards

1.0 Professional Standards

1.1 To be eligible for certification, the applicant must have earned a minimum of a master's degree in their profession AND hold a state or national license as listed below, with all training hours and supervision requirements completed to be licensed for independent practice in the state they are licensed in (or equivalent if practicing outside of the United States):

- Psychologist (LP or LCP)
- Counselor
 - LCMHC
 - LCP
 - LCPC
 - LMHC
 - LPC
 - LPCC
 - LPCMH
- Social Worker
 - LCSW
 - LCSW-C
 - LICSW
- LISW
- LISW-CP
- LMSW if licensed in Michigan or Nebraska
- LMSW-ACP
- LSCSW
- Marriage and Family Therapist
 - LCMFT
 - LIMFT
 - LMFT
- Psychiatric Nurse Practitioner (NP)
- Psychiatrist (MD)
- Psychoanalyst (LP)

Canadian Applicants: Professionals who have met the licensure or registration requirements for provincial and territorial regulatory bodies are welcome to apply.

International Applicants: Please check for a link to standards specific to your country of practice. If no link is available, please email us a copy of your educational background and CV to info@evergreencertifications.com

1.2 By applying for certification, the applicant agrees to adhere to [Evergreen Certifications' Professional Code of Ethics](#)

2.0 Educational Standards

2.1 The applicant must meet the following education criteria (total minimum of 14 hours of continuing education):

Core Sex Therapy Educational Competency Areas:

Assessment – understand the assessment process and how to conduct sex history assessment

Diagnosis – understand sexual and pleasure disorders, including desire, arousal, and the impact on relationships

Treatment of Sexual Issues - sex therapy treatment models, including PLISSIT

Interventions – how to apply interventions for sexual and pleasure disorders in various settings, crisis management (including infidelity), techniques to facilitate recovery and personal growth

Relationship Dynamics – knowledge of relationship theory, culture of the relationship (including sexual relations, developmental states, etc.), infidelity, explore relationship types and agreements

Therapeutic Dynamics – countertransference, triangulation, roles of the therapist, professional boundaries

Integrative Systems – understanding of individual client needs (including race, sexual orientation, gender, etc.)

2.2 Suitable education sources are approved continuing education as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for certification.

3.0 Clinical Consultation

The applicant must participate in a minimum of 2 hours of group consultation, with an Integrative Sex Therapy Institute Approved Consultant.

4.0 Certification Application Process

1. Submit the following documents:
 - a. A copy of the applicant's professional license
 - b. Copies of completion of training as outlined in the Educational Standards
 - c. Evidence of completion of 2 consultation hours
 - d. A signed application form with attestation that the candidate has met all the requirements as detailed herein

Evergreen Certifications will certify applicants who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

*** CSTIP certification meets the educational requirements for CE's for AASECT certification, though CSTIP completion does not ensure or guarantee AASECT certification. For further information, please contact info@aasect.org or your local certifying organization for detailed information.*

5.0 Renewal of Certification

To maintain certification, a renewal is required. After your initial 2-year certification, you have the option to renew for 2 years. The steps to apply for a 2-year renewal are as follows:

1. Submit the following documents:
 - a. A copy of your professional license
 - b. Completion certificate for twelve (12) clock hours of continuing education, from one of the below listed pre-approved trainings
2. Payment of re-certification application fee

Re-certification training hours need to have been taken in the time since you were certified or last renewed. Renewals are calculated from the date that your certification was issued.

If you allow your certification to lapse for more than 2 years from your certification end date, you are no longer eligible to renew and instead can reapply for certification.