



Certified Sex Therapy Informed Professional (CSTIP) Certification Standards
Application Standards for Practising Professionals in the United Kingdom

1.0 Professional Standards

1.1 Nationally registered, credentialed or member of the association noted:

Psychotherapist or counsellor

- Hold a full clinical membership with the UK Council for Psychotherapy (UKCP)
- Hold a full membership as a MBACP with a MA/ MSc in Counselling or Psychotherapy or MBACP-Senior Accredited or higher with the British Association for Counselling & Psychotherapy (BACP)
- Be a Senior Accredited Registrant (MNCS Snr Accred) or a Fellow Registrant with the National Counselling Society (NCS)
- Hold a Full Membership with the Association of Child Psychotherapists with a MA/ MSc in Counselling or Psychotherapy
- Hold a Full Membership with BABCP with a MA/ MSc in Counselling or Psychotherapy
- Hold a Registered Counsellor Membership with the Association of Christian Counsellors (ACC) with a MA/ MSc in Counselling or Psychotherapy
- Be a COSCA or UK Body Accredited Member of the Counselling & Psychotherapy in Scotland (COCSA) with a MA/ MSc in Counselling or Psychotherapy

Psychologist

- Hold a registration as a Psychologist with the Health & Care Professionals Council (HCPC)
- Hold a full registration as a Psychologist with the British Psychological Society (BPS)

Social Worker

- Hold a registration with the Health & Care Professionals Council (HCPC)
- Hold a Working or Independent Membership with the British Association of Social Workers (BASW)

Psychoanalytic and psychodynamic psychotherapists

- Hold a Full Membership with the British Psychoanalytic Council (BPC)

Play Therapist

- Hold a Full Membership with the British Association of Play Therapists with a MA/ MSc in Counselling or Psychotherapy

Mental Health Nurse

- Hold a Mental Health or Specialist Community Public Health Nurse registration with the Nursing & Midwifery Council

Nurse

- Hold an active registration with the Royal College of Nursing (RCN)

Medical Doctor

- Hold a Full, General or Specialist registration with the General Medical Council (GMC)

Psychiatrist

- Hold a Full, General or Specialist registration with the Royal College of Psychiatrists (RCP)

For all professions: Provisional or student registration or membership does not meet the standards for certification. Coaches do not meet the standards for certification, unless the coach also holds a certification, registration or membership listed above.

Other applicants: Registered or credentialed professionals whose professional scope of practise allows them to diagnose and provide clinical mental health treatment plans for mental health disorders AND have met the registration or credentialing requirements in the UK are welcome to apply.

1.2 By applying for certification, the applicant agrees to adhere to [Evergreen Certifications' Professional Code of Ethics](#)

2.0 Educational Standards

2.1 The applicant must meet the following education criteria (total minimum of 14 CPD hours at a post-graduate level):

Core Sex Therapy Educational Competency Areas:

Assessment – understand the assessment process and how to conduct sex history assessment

Diagnosis – understand sexual and pleasure disorders, including desire, arousal, and the impact on relationships

Treatment of Sexual Issues - sex therapy treatment models, including PLISSIT

Interventions – how to apply interventions for sexual and pleasure disorders in various settings, crisis management (including infidelity), techniques to facilitate recovery and personal growth

Relationship Dynamics – knowledge of relationship theory, culture of the relationship (including sexual relations, developmental states, etc.), infidelity, explore relationship types and agreements

Therapeutic Dynamics – countertransference, triangulation, roles of the therapist, professional boundaries

Integrative Systems – understanding of individual client needs (including race, sexual orientation, gender, etc.)

2.2 Examples of suitable education sources include approved CPD as documented by certificates of completion from training organization.

3.0 Clinical Consultation

The applicant must participate in a case review group consultation, with an Integrative Sex Therapy Institute Approved Consultant.

4.0 Certification Application Process

1. Submit the following documents:
 - a. A copy of the applicant's professional registration, credential, or membership
 - b. Copies of completion of training as outline in the Educational Standards
 - c. Evidence of completion of 2 consultation hours
 - d. A signed application form with attestation that the applicant has met all the requirements as detailed herein

Evergreen Certifications will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a professional, you are responsible for reviewing the scope of practise, including activities that are defined in law as beyond the boundaries of practise in accordance with and in compliance with your profession's standards.

*** This program meets the educational requirements for CE's for AASECT certification. Completion of this program does not ensure or guarantee AASECT certification. For further information, please contact info@aasect.org or your local certifying organization for detailed information.*

5.0 Renewal of Certification

To maintain certification, a renewal is required. After your initial 1 year certification you have the option to renew for 1, 2, or 3 years. The steps to apply for a 1-year renewal are as follows:

1. Submit the following documents:
 - a. A copy of your professional registration, credential, or membership
 - b. Completion certificate for twelve (12) clock hours of CPD, from one of the below listed pre-approved trainings
2. Payment of re-certification application fee

Renewal training hours need to have been taken in the time since you were certified or last renewed. Renewals are calculated from the date that your certification was issued.

If you allow your certification to lapse for more than 2 years, you are no longer eligible to renew your certification and instead can reapply for certification.