



Certified Sex Therapy Informed Professional (CSTIP) Certification Standards Application Standards for Practising Professionals in Australia and New Zealand

1.0 Professional Standards

1.1 Nationally registered, credentialed, or member of the association noted:

- Registered Psychologist
 - Hold a general designation and/or with endorsement that aligns with the standards set by the Psychology Board of Australia
 - Hold a registration with New Zealand Psychologists Board AND hold a practising certification
- Registered Counsellor
 - Be a Level 2, 3 or 4 member of the Australian Counselling Association (ACA)
 - Be a full member of the New Zealand Association of Counsellors
 - Be a Clinical member of the Psychotherapy and Counselling Federation of Australia (PACFA)
- Social Worker
 - Be a member of the Australian Association of Social Workers
 - Hold a Practising Certificate with the Social Workers Registration Board
- Psychiatrist
 - Be accredited by the Royal Australian & New Zealand College of Psychiatrists
- Credentialed mental health nurse

For all professions: Provisional or student registration does not meet the standards for certification.

Other applicants: Registered or credentialed professionals whose professional scope of practise allows them to diagnose and provide clinical mental health treatment plans for mental health disorders AND have met the registration or credentialing requirements in Australia or New Zealand are welcome to apply.

1.2 By applying for certification, the applicant agrees to adhere to [Evergreen Certifications' Professional Code of Ethics](#)

2.0 Educational Standards

2.1 The applicant must meet the following education criteria (total minimum of 14 CPD hours):

Core Sex Therapy Educational Competency Areas:

Assessment – understand the assessment process and how to conduct sex history assessment

Diagnosis – understand sexual and pleasure disorders, including desire, arousal, and the impact on relationships

Treatment of Sexual Issues - sex therapy treatment models, including PLISSIT

Interventions – how to apply interventions for sexual and pleasure disorders in various settings, crisis management (including infidelity), techniques to facilitate recovery and personal growth

Relationship Dynamics – knowledge of relationship theory, culture of the relationship (including sexual relations, developmental states, etc.), infidelity, explore relationship types and agreements

Therapeutic Dynamics – countertransference, triangulation, roles of the therapist, professional boundaries

Integrative Systems – understanding of individual client needs (including race, sexual orientation, gender, etc.)

2.2 Examples of suitable education sources include approved CPD as documented by certificates of completion from training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for certification.

3.0 Clinical Consultation

The applicant must participate in a case review group consultation, with an Integrative Sex Therapy Institute Approved Consultant.

4.0 Certification Application Process

1. Submit the following documents:
 - a. A copy of the applicant's professional registration, credential, or membership
 - b. Copies of completion of training as outlined in the Educational Standards
 - c. Evidence of completion of 2 consultation hours
 - d. A signed application form with attestation that the applicant has met all the requirements as detailed herein

Evergreen Certifications will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a professional, you are responsible for reviewing the scope of practise, including activities that are defined in law as beyond the boundaries of practise in accordance with and in compliance with your profession's standards.

*** This program meets the educational requirements for CE's for AASECT certification. Completion of this program does not ensure or guarantee AASECT certification. For further information, please contact info@aasect.org or your local certifying organization for detailed information.*

5.0 Renewal of Certification

To maintain certification, a renewal is required. After your initial 2-year certification, you have the option to renew for 2 years. The steps to apply for a 2-year renewal are as follows:

1. Submit the following documents:
 - a. A copy of your professional registration, credential, or membership
 - b. Completion certificate for twelve (12) clock hours of CPD, from one of the below listed pre-approved trainings
2. Payment of renewal application fee

Renewal training hours need to have been taken in the time since you were certified or last renewed. Renewals are calculated from the date that your certification was issued.

If you allow your certification to lapse for more than 2 years, you are no longer eligible to renew your certification and instead can reapply for certification.