



Certified Specialist in Anger Management (CSAM) Certification Standards

1.0 Professional Standards

1.1 To be eligible for certification, the applicant must have earned a minimum of a master's degree in their profession AND hold a state or national license as listed below, with all training hours and supervision requirements completed to be licensed for independent practice in the state they are licensed in (or equivalent if practicing outside of the United States):

- Psychologist (LP or LCP)
- School Psychologist
- Counselor
 - LCMHC
 - LCP
 - LCPC
 - LMHC
 - LPC
 - LPCC
 - LPCMH
- School Guidance Counselor
- Social Worker
 - LCSW
 - LCSW-C
 - LICSW
- LISW
- LISW-CP
- LMSW if licensed in Michigan or Nebraska
- LMSW-ACP
- LSCSW
- School Social Worker
- Marriage and Family Therapist
 - LCMFT
 - LIMFT
 - LMFT
- Psychiatric Nurse Practitioner (NP)
- Psychiatrist (MD)
- Psychoanalyst (LP)

Canadian Applicants: Licensed professionals who have met the licensure requirements for Provincial and Territorial Regulatory Bodies are welcome to apply. If you are unsure whether your professional background meets the standards for Certification, please email us a copy of your educational background and CV to info@evergreencertifications.com

International Applicants: Please check for a link to standards specific to your country of practice. If no link is available, please email us a copy of your educational background and CV to info@evergreencertifications.com

1.2 By applying for certification, the applicant agrees to adhere to Evergreen Certifications' Professional Code of Ethics, available at www.evergreencertifications.com/codeofethics

2.0 Educational Standards

2.1 The applicant must meet the following education criteria (total minimum of 12 hours of continuing education):

- General brain science, including principals related to the emotional, social and angry brain
- Phases of an anger episode
- Rage, aggression, substance abuse and violence
- Anger management treatment for individuals and in a group setting
- Phases of treatment, including anger control plans, assertive training and conflict resolution
- Mindfulness and relaxation techniques to let go of anger
- Cognitive approaches to identify, challenge and reduce negative self-talk

- Positive psychology approaches to encourage optimism
- Assertiveness and communication training techniques
- Coaching parents, partners, caregivers, & educators to support anger management
- Self-harm and other harm considerations

2.2 Suitable education sources are approved continuing education as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for certification.

3.0 Certification Application Process

1. Submit the following documents:
 - a. A copy of the applicant's professional license
 - b. Copies of completion of training as outline in the Educational Standards
2. Payment of certification application fee

Evergreen Certifications will certify applicants who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

4.0 Renewal of Certification

To maintain certification, a renewal is required. The steps to apply for a 1-year renewal are as follows:

1. Submit the following documents:
 - a. A copy of your professional license as well as a completion certificate for six (6) clock hours of anger-focused continuing education
2. Payment of renewal application fee

You can also apply for renewal for 2 or 3 years. Follow the process above, submitting twelve (12) CE hours of training for a 2-year renewal, and eighteen (18) CE hours of training for a 3-year renewal.

Renewal training hours need to have been taken in the time since you were certified or last renewed. Renewals are calculated from the date that your certification was issued.

If you allow your certification to lapse for more than 3 years, you are no longer eligible to renew your certification and instead can reapply for certification.