



Certified Specialist in Anger Management (CSAM) Certification Standards
Application Standards for Practicing Professionals in Australia and New Zealand

1.0 Professional Standards

1.1 Nationally registered, credentialed, or member of the association noted:

- Registered Psychologist
 - Hold a general designation and/or with endorsement that aligns with the standards set by the Psychology Board of Australia
 - Hold a registration with New Zealand Psychologists Board AND hold a practising certification
- Registered Counsellor
 - Be a Level 2, 3 or 4 member of the Australian Counselling Association (ACA)
 - Be a full member of the New Zealand Association of Counsellors
 - Be a Clinical member of the Psychotherapy and Counselling Federation of Australia (PACFA)
- Social Worker
 - Be a member of the Australian Association of Social Workers
 - Hold a Practising Certificate with the Social Workers Registration Board
- Psychiatrist
 - Be accredited by the Royal Australian & New Zealand College of Psychiatrists

For all professions: Provisional or student registration does not meet the standards for Certification.

Other applicants: Registered or credentialed professionals whose professional scope of practice allows them to diagnose and provide clinical mental health treatment plans for mental health disorders AND have met the registration or credentialing requirements in Australia or New Zealand are welcome to apply. If you are unsure whether your professional background meets the standards for Certification, please email a copy of your educational background, professional scope of practice, membership or registration and CV to info@evergreencertifications.com

1.2 By applying for Certification, the applicant agrees to adhere to Evergreen Certifications' Professional Code of Ethics, available at www.evergreencertifications.com/codeofethics

2.0 Educational Standards

2.1 The applicant must meet the following education criteria (total minimum of 12 CPD hours if training):

- General brain science, including principals related to the emotional, social and angry brain
- Phases of an Anger Episode
- Rage, aggression, substance abuse and violence
- Anger management treatment for individuals and in a group setting
- Phases of treatment, including anger control plans, assertive training and conflict resolution
- Mindfulness and relaxation techniques to let go of anger
- Cognitive approaches to identify, challenge and reduce negative self-talk
- Positive psychology approaches to encourage optimism
- Assertiveness and communication training techniques
- Coaching parents, partners, caregivers, & educators to support anger management
- Self-harm and other harm considerations

2.2 Suitable education sources are approved professional development trainings as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for Certification.

3.0 Required Documentation for Certification Eligibility

1. A copy of the applicant's professional registration, credential, or membership
2. Copies of completion of training as outlined in the Educational Standards
3. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

4.0 Required Documentation for Renewal of Certification

To maintain Certification, a renewal is required. The steps to apply for a 1-year renewal are as follows:

1. Submit, via email, a copy of your professional registration, credential, or membership as well as a completion certificate for six (6) CPD hours of anger-focused training to info@evergreencertifications.com
2. Payment of renewal application fee

You can also apply for renewal for 2 or 3 years. Follow the process above, submitting twelve (12) CPD hours of training for a 2-year renewal, and eighteen (18) CPD hours of training for a 3-year renewal.

Renewal training hours need to have been taken in the time since you were last certified or renewed. Renewals are calculated from the date that your Certification was issued.

If you allow your Certification to lapse for more than 3 years, you are no longer eligible to renew your Certification and instead can reapply for Certification.