



## Certified Mindfulness-Informed Professional Certification Standards (CMIP)

### 1.0 Professional Standards

1.1 Certified Mindfulness-Informed Professional (CMIP) Certification is designed for professionals who incorporate mindfulness in their professional work in an educational, healthcare, or clinical setting. Common professionals who apply for CMIP Certification include:

- Education Professionals
- Mental Health Professionals
- Allied Health Professionals
- Credentialed Healthcare Professionals
- Case Managers
- Ordained Clergy (must have graduated from a CHEA or ATS accredited program)
- A graduate student in a clinical mental health program who is practicing under clinical supervision

Canadian Applicants: Licensed professionals who have met the licensure requirements for provincial and territorial regulatory bodies are welcome to apply. If you are unsure if your professional background meets the standards for certification, please email a copy of your educational background and CV to [info@evergreencertifications.com](mailto:info@evergreencertifications.com)

International Applicants: Please check for a link to standards specific to your country of practice. If no link is available, please email us a copy of your educational background and CV to [info@evergreencertifications.com](mailto:info@evergreencertifications.com)

1.0 By applying for certification, the applicant agrees to adhere to Evergreen Certifications' Professional Code of Ethics, available at [www.evergreencertifications.com/codeofethics](http://www.evergreencertifications.com/codeofethics)

### 2.0 Educational Standards

2.1 The candidate must meet the following education criteria (total minimum of 12 clock hours of continuing education):

#### Core Mindfulness-Informed Educational Competency Areas:

**Neuroscience** – basic understanding of the research behind mindfulness practice and how mindfulness can improve mental health and overall wellness

**Awareness** – understand how to actively practice mindfulness and meditation within scope of practice

**Identification** – recognize when mindfulness techniques may be helpful for clients

**Strategies** – support clients in developing and maintaining a personal mindfulness practice, including formal and informal mindfulness practices

**Experiential Practice** – how to use guided mindfulness and meditation exercises with clients within scope of practice

2.2 Suitable education sources are approved continuing education as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for certification.

### **3.0 Certification Application Process**

1. Submit the following documents:
  - a. Documentation of professional status in the form of at least 1 of the following:
    - i. Licensed professional – copy of your professional license or designation
    - ii. Graduate student – copy of your unofficial transcript
    - iii. Other professionals – copy of your CV and diploma or unofficial transcript
  - b. Copies of completion of training as outlined in the Educational Standards
2. Payment of certification application fee

Evergreen Certifications will certify candidates for an initial period of 1 year who meet the above requirements.

*Please note: Certification does not imply endorsement of clinical competency. As a licensed professional, you are responsible for reviewing the scope of practice related to your licensure, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.*

### **4.0 Renewal of Certification**

To maintain certification, a renewal is required. The steps to apply for a 1 year renewal are as follows:

1. Submit the following documents:
  - a. Documentation of professional status in the form of at least 1 of the following:
    - i. Licensed professional - copy of your professional license or designation
    - ii. Graduate student – copy of your unofficial transcript
    - iii. Other professionals – copy of your CV and diploma or unofficial transcript
  - b. Completion certificate for six (6) continuing education hours of mindfulness or meditation-focused continuing education
2. Payment of renewal fee

You can also apply for renewal for 2 or 3 years. Follow the process above, submitting twelve (12) CE hours of training for a 2-year renewal, and eighteen (18) CE hours of training for a 3-year renewal.

Renewal training hours need to have been taken in the time since you were certified or last renewed. Renewals are calculated from the date that your certification was issued.

*If you allow your certification to lapse for more than 3 years, you are no longer eligible to renew your certification and instead can reapply for certification.*