



Certified Mindfulness-Informed Professional Certification Standards (CMIP)

Application Standards for Practising Professionals in the United Kingdom

1.0 Professional Standards

1.1 Nationally registered, credentialed or member of the association noted:

Psychotherapist or counsellor

- Hold a full clinical membership with the UK Council for Psychotherapy (UKCP)
- Hold a full membership as a MBACP with a MA/ MSc in Counselling or Psychotherapy or MBACP-Senior Accredited or higher with the British Association for Counselling & Psychotherapy (BACP)
- Be a Senior Accredited Registrant (MNCS Snr Accred) or a Fellow Registrant with the National Counselling Society (NCS)
- Hold a Full Membership with the Association of Child Psychotherapists with a MA/ MSc in Counselling or Psychotherapy
- Hold a Full Membership with BABCP with a MA/ MSc in Counselling or Psychotherapy
- Hold a Registered Counsellor Membership with the Association of Christian Counsellors (ACC) with a with a MA/ MSc in Counselling or Psychotherapy
- Be a COSCA or UK Body Accredited Member of the Counselling & Psychotherapy in Scotland (COCSA) with a MA/ MSc in Counselling or Psychotherapy

Psychologist

- Hold a registration as a Psychologist with the Health & Care Professionals Council (HCPC)
- Hold a full registration as a Psychologist with the British Psychological Society (BPS)

Social Worker

- Hold a registration with the Health & Care Professionals Council (HCPC)
- Hold a Working or Independent Membership with the British Association of Social Workers (BASW)

Psychoanalytic and psychodynamic psychotherapists

- Hold a Full Membership with the British Psychoanalytic Council (BPC)

Play Therapist

- Hold a Full Membership with the British Association of Play Therapists with a MA/ MSc in Counselling or Psychotherapy

Mental Health Nurse

- Hold a Mental Health or Specialist Community Public Health Nurse registration with the Nursing & Midwifery Council

Nurse

- Hold an active registration with the Royal College of Nursing (RCN)

Medical Doctor

- Hold a Full, General or Specialist registration with the General Medical Council (GMC)

Psychiatrist

- Hold a Full, General or Specialist registration with the Royal College of Psychiatrists (RCP)

Teacher

- Hold Qualified Teacher Status (QTS) with the Teaching Regulation Agency
- Hold a registration with The General Teaching Council for Scotland

Occupational Therapist

- Hold a registration with the Health & Care Professionals Council (HCPC)

Speech and Language Therapist/Speech Therapist

- Hold a registration with the Health & Care Professionals Council (HCPC)

1.2 By applying for certification, the applicant agrees to adhere to [Evergreen Certifications' Professional Code of Ethics](#)

2.0 Educational Standards

2.1 The candidate must meet the following education criteria (total minimum of 12 CPD hours):

Core Mindfulness-Informed Educational Competency Areas:

Neuroscience – basic understanding of the research behind mindfulness practise and how mindfulness can improve mental health and overall wellness

Awareness – understand how to actively practise mindfulness and meditation within scope of practise

Identification – recognize when mindfulness techniques may be helpful for clients

Strategies – support clients in developing and maintaining a personal mindfulness practise, including formal and informal mindfulness practises

Experiential Practise – how to use guided mindfulness and meditation exercises with clients within scope of practise

2.2 Suitable education sources are approved CPD as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for certification.

3.0 Certification Application Process

1. Submit the following documents:
 - a. A copy of the applicant's professional registration, credential, or membership
 - b. Copies of completion of training as outlined in the Educational Standards
2. Payment of certification application fee

Evergreen Certifications will certify candidates for an initial period of 1 year who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a licensed professional, you are responsible for reviewing the scope of practice related to your licensure, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

4.0 Renewal of Certification

To maintain certification, a renewal is required. The steps to apply for a 1 year renewal are as follows:

1. Submit the following documents:
 - a. A copy of the applicant's professional registration, credential, or membership
 - b. Completion certificate for six (6) CPD hours of mindfulness or meditation-focused training
2. Payment of renewal fee

You can also apply for renewal for 2 or 3 years. Follow the process above, submitting twelve (12) CPD hours of training for a 2-year renewal, and eighteen (18) CPD hours of training for a 3-year renewal.

Renewal training hours need to have been taken in the time since you were certified or last renewed. Renewals are

calculated from the date that your certification was issued.

If you allow your certification to lapse for more than 2 years, you are no longer eligible to renew your certification and instead can reapply for certification.