



## Certified Integrative Mental Health Professional (CIMHP) Certification Standards

### 1.0 Professional Standards

1.1 To be eligible for certification, the applicant must have earned a minimum of a master's degree in their profession AND hold a state or national license as listed below, with all training hours and supervision requirements completed to be licensed for independent practice in the state they are licensed in (or equivalent if practicing outside of the United States):

- Psychologist (LP or LCP)
- Counselor
  - LCMHC
  - LCP
  - LCPC
  - LMHC
  - LPC
  - LPCC
  - LPCMH
- Social Worker
  - LCSW
  - LCSW-C
  - LICSW
  - LISW
- LISW-CP
- LMSW if licensed in Michigan or Nebraska
- LMSW-ACP
- LSCSW
- Marriage and Family Therapist
  - LCMFT
  - LIMFT
  - LMFT
- Psychiatric Nurse Practitioner (NP)
- Psychiatrist (MD)
- Psychoanalyst (LP)
- Naturopathic Doctor (ND)
- Registered Dietician (RD)

Canadian Applicants: Licensed professionals who have met the licensure requirements for Provincial and Territorial Regulatory Bodies are welcome to apply. If you are unsure whether your professional background meets the standards for Certification, please email us a copy of your educational background and CV to [info@evergreencertifications.com](mailto:info@evergreencertifications.com)

International Applicants: Please check for a link to standards specific to your country of practice. If no link is available, please email us a copy of your educational background and CV to [info@evergreencertifications.com](mailto:info@evergreencertifications.com)

1.2 By applying for certification, the applicant agrees to adhere to Evergreen Certifications' Professional Code of Ethics, available at [www.evergreencertifications.com/codeofethics](http://www.evergreencertifications.com/codeofethics)

### 2.0 Educational Standards

2.1 The candidate must meet the following education criteria (total minimum of 18 clock hours of continuing education training), including hours specific to:

- Integrative assessments
- Clinical application & evidence-based research of alternative therapies, including:
  - Ayurvedic medicine
  - Nutritional medicine
  - Herbal medicine
  - Somatic therapies
  - Mind-body therapies
  - Spirituality
- The relationship between mental and physical health, including:

- Inflammation
- Microbiome
- Hormones
- Gut health
- Sleep and Insomnia
- Exercise
- Substance use and addictions
- Non-pharmaceutical treatment planning and protocols for mental health disorders
- Scope of practice

2.2 Suitable education sources are approved continuing education training as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for certification.

### **3.0 Clinical Practice Attestation**

The candidate must attest that, over the course of their career, he/she has conducted a minimum of 20 clinical sessions with clients in which integrative approaches were discussed as part of a comprehensive mental health treatment plan.

### **4.0 Certification Application Process**

Submit the following documentation:

1. A copy of the candidate's license
2. Copies of completion of training as outline in the Educational Standards
3. A signed application form with attestation that the candidate has met all the requirements as detailed herein
4. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.

*Please note: Certification does not imply endorsement of clinical competency. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.*

### **5.0 Renewal of Certification**

To maintain certification, a renewal is required. The steps to apply for a 1-year renewal are as follows:

1. Submit a copy of your professional licensure as well as a completion certificate for six (6) clock hours of integrative/complementary and alternative treatment approaches for mental health issues-focused continuing education training
2. Payment of renewal fee

You can also apply for renewal for 2 or 3 years. Follow the process above, submitting twelve (12) clock hours of training for a 2-year renewal, and eighteen (18) clock hours of training for a 3-year renewal.

Renewal training hours need to have been taken in the time since you were certified or last renewed. Renewals are calculated from the date that your certification was issued.

*If you allow your certification to lapse for more than 3 years, you are no longer eligible to renew your certification and instead can reapply for certification.*