



Certified Anxiety-Informed Professional (CAIP) Certification Standards

1.0 Professional Standards

1.1 Certified Anxiety-Informed Professional (CAIP) Certification is designed for professionals who work in an educational, healthcare, or clinical setting. Common professionals who apply for CAIP Certification include:

- Education Professionals
- Mental Health Professionals
- Allied Health Professionals
- Credentialed Healthcare Professionals
- Case Managers
- Ordained Clergy
- Graduate students in a mental health or allied health program

Don't see your profession listed here and hold a master's degree and professional mental health license? You may qualify for Certification as a **Certified Clinical Anxiety Treatment Professional!** [Click here](#) to learn more.

Canadian Applicants: Professionals who have met the licensure or registration requirements for Provincial and Territorial Regulatory Bodies are welcome to apply. If you are unsure whether your professional background meets the standards for Certification, please email us a copy of your educational background and CV to info@evergreencertifications.com

International Applicants: Please check for a link to standards specific to your country of practice. If no link is available, please email us a copy of your educational background and CV to info@evergreencertifications.com

1.2 By applying for Certification, the applicant agrees to adhere to Evergreen Certifications' Professional Code of Ethics, available at <http://www.evergreencertifications.com/codeofethics>

2.0 Educational Standards

2.1 The applicant must meet the following education criteria (total minimum of 6 hours of continuing education or professional development):

- The most common types of anxiety and effective approaches to anxiety management
- A recognition of the physical symptoms of different types of anxiety
- How anxiety commonly manifests itself both physiologically and behaviorally
- An understanding of the co-occurrence with depression and/or substance abuse
- When to refer for further mental health evaluation

2.2 Suitable education sources are approved continuing education or professional development courses as documented by certificates of completion from the accredited training organization.

3.0 Required Documentation for Certification Eligibility

1. Documentation of professional status in the form of at least 1 of the following:
 - a. Licensed professional - copy of your professional license or designation
 - b. Graduate student – copy of your unofficial transcript
 - c. Other professionals - copy of your CV and diploma or unofficial transcript
2. Copies of completion of training as outline in the Educational Standards
3. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of competency. As a professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

4.0 Required Documentation for Renewal of Certification

To maintain Certification, a reapplication is required. The steps to apply for a 1-year reapplication are as follows:

1. Submit, via email to info@evergreencertifications.com
 - a. Documentation of professional status in the form of at least 1 of the following:
 - i. Licensed professional - copy of your professional license or designation
 - ii. Graduate student – copy of your unofficial transcript
 - iii. Other professionals – copy of your CV and diploma or unofficial transcript
 - b. Completion certificate for four (4) hours of continuing education or professional development related to anxiety
2. Payment of re-certification application fee

Re-certification training hours need to have been taken in the time since you were last certified or recertified. Renewals are calculated from the date that your Certification was issued.

If you allow your Certification to lapse for more than 1 year, you are no longer eligible to renew your Certification and instead can reapply for Certification.