



Certified Anxiety-Informed Professional (CAIP) Certification Standards

1.0 Professional Standards

1.1 Certified Anxiety-Informed Professional (CAIP) Certification is designed for licensed or credentialed professionals who work in an educational, healthcare, or clinical setting. Professionals who qualify for CAIP Certification include:

- Education Professionals
- Mental Health Professionals
- Allied Health Professionals, including:
 - Acupuncturist
 - Athletic Trainer (must be BOC certified)
 - Certified Nutrition Specialist
 - Chiropractor
 - Dietitian
 - Exercise Physiologist
 - Kinesiotherapist
 - Massage Therapist (LMT or BCTMB)
 - Occupational Therapist
 - Occupational Therapy Assistant
 - Physical Therapist
 - Physical Therapist Assistant
 - Respiratory Therapist
 - Speech Language Pathologist
 - Speech Language Pathologist Assistant
- Healthcare Professionals, including:
 - Licensed Practical Nurse (LPN)
 - Naturopathic Doctor (ND)
 - Registered Nurse (RN)
- Case Managers
- Ordained Clergy (must have graduated from a CHEA or ATS accredited program)
- A graduate student in a clinical mental health program who is practicing under clinical supervision

Don't see your profession listed here and hold a master's degree and professional mental health license? You may qualify for certification as a **Certified Clinical Anxiety Treatment Professional!** [Click here](#) to learn more.

1.2 By applying for certification, the applicant agrees to adhere to Evergreen Certifications' Professional Code of Ethics

2.0 Educational Standards

2.1 The applicant must complete the following education criteria (total minimum of 6 hours of continuing education):

- The most common types of anxiety and effective approaches to anxiety management
- A recognition of the physical symptoms of different types of anxiety
- How anxiety commonly manifests itself both physiologically and behaviorally
- An understanding of the co-occurrence with depression and/or substance abuse
- When to refer for further mental health evaluation

2.2 Suitable education sources are approved continuing education as documented by certificates of completion from the accredited training organization.

3.0 Certification Application Process

1. Submit the following documents:
 - a. Documentation of professional status in the form of one of the following:
 - i. Licensed professional - copy of your professional license or designation
 - ii. Graduate student – copy of your unofficial transcript
 - b. Copies of completion of training as outline in the Educational Standards
2. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of competency. As a professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

4.0 Renewal of Certification

To maintain certification, a renewal is required. The steps to apply for a 1-year renewal are as follows:

1. Submit the following documents:
 - a. Documentation of professional status in the form of one of the following:
 - i. Licensed professional - copy of your professional license or designation
 - ii. Graduate student – copy of your unofficial transcript
 - b. Completion certificate for four (4) hours of continuing education related to anxiety
2. Payment of renewal application fee

Renewal training hours need to have been taken in the time since you were certified or last renewed. Renewals are calculated from the date that your certification was issued.

If you allow your certification to lapse for more than 1 year, you are no longer eligible to renew your certification and instead can reapply for certification.