# EVERGREEN CERTIFICATIONS

Certified Addictions-Informed Mental Health Professional (CAIMHP) Certification Standards

Application Standards for Practicing Professionals in the United Kingdom

### **1.0 Professional Standards**

1.1 Nationally registered, credentialed or member of the association noted:

Psychotherapist or counsellor

- Hold a full clinical membership with the UK Council for Psychotherapy (UKCP)
- Hold a full membership as a MBACP with a MA/ MSc in Counselling or Psychotherapy or MBACP-Senior Accredited or higher with the British Association for Counselling & Psychotherapy (BACP)
- Be a Senior Accredited Registrant (MNCS Snr Accred) or a Fellow Registrant with the National Counselling Society (NCS)
- Hold a Full Membership with the Association of Child Psychotherapists with a MA/ MSc in Counselling or Psychotherapy
- Hold a Full Membership with BABCP with a MA/ MSc in Counselling or Psychotherapy
- Hold a Registered Counsellor Membership with the Association of Christian Counsellors (ACC) with a with a MA/ MSc in Counselling or Psychotherapy
- Be a COSCA or UK Body Accredited Member of the Counselling & Psychotherapy in Scotland (COCSA) with a MA/ MSc in Counselling or Psychotherapy

## Psychologist

- Hold a registration as a Psychologist with the Health & Care Professionals Council (HCPC)
- Hold a full registration as a Psychologist with the British Psychological Society (BPS)

#### Social Worker

- Hold a registration with the Health & Care Professionals Council (HCPC)
- Hold a Working or Independent Membership with the British Association of Social Workers (BASW)

Psychoanalytic and psychodynamic psychotherapists

• Hold a Full Membership with the British Psychoanalytic Council (BPC)

#### **Play Therapist**

• Hold a Full Membership with the British Association of Play Therapists with a MA/ MSc in Counselling or Psychotherapy

Mental Health Nurse

• Hold a Mental Health or Specialist Community Public Health Nurse registration with the Nursing & Midwifery Council

#### Nurse

• Hold an active registration with the Royal College of Nursing (RCN)

#### Medical Doctor

• Hold a Full, General or Specialist registration with the General Medical Council (GMC)

#### Psychiatrist

• Hold a Full, General or Specialist registration with the Royal College of Psychiatrists (RCP)

For all professions: Provisional or student registration or membership does not meet the standards for Certification. Coaches do not meet the standards for Certification, unless the Coach also holds a certification, registration or membership listed above.

Other applicants: Registered or credentialed professionals whose professional scope of practice allows them to diagnose and provide clinical mental health treatment plans for mental health disorders AND have met the registration or credentialing requirements in the UK or Scotland are welcome to apply.

1.2 By applying for Certification, the applicant agrees to adhere to Evergreen Certifications' Professional Code of Ethics, available at <a href="http://www.evergreencertifications.com/codeofethics">www.evergreencertifications.com/codeofethics</a>

#### 2.0 Educational Standards

- 2.1 The applicant must meet the following education criteria (total minimum of 12 CPD hours):
  - Biopsychosocial aspects of substance use disorders to include: genetics/biology, personality/psychology, attachment, trauma, social, and environment
    - The neurobiology of addiction
    - The substances and classification to include:
      - i. Alcohol & other depressants
      - ii. Stimulants
      - iii. Opioids
      - iv. Cannabinoids
      - v. "Psychedelic" chemicals
      - vi. Inhalants
  - Substance use assessment to include:
    - Intake questions and screening tools
    - Rating scales
    - Diagnoses
    - Levels of use
    - Biologic and physiologic markers of substance use
  - Interplay/nexus of addictive behaviors/substance use and co-occurring disorders
  - Behavioral/process addictions to include:
    - Compulsive gambling
    - Compulsive sexual behaviors
    - Electronic addictions
    - Symptoms of trauma
    - Comorbidities
  - Treatment(s) to include:
    - Intervening
    - Levels of treatment and treatment selection Detoxification
      - i. Inpatient treatment
      - ii. Intensive Outpatient
      - iii. Outpatient treatment
    - Behavioral Treatments

- Medication-Assisted Treatment
- Support groups, including 12 step groups and alternatives
- Harm Reduction
- Substance use among children and adolescents, prevention & treatment
- Special Populations to include LGBTQ clients and those in the Criminal Justice System
- Ethical and legal issues and considerations

2.2 Suitable education sources are approved continuing education or professional development training as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for Certification.

#### **3.0 Clinical Practice Requirement**

The candidate must attest that, over the course of their career, he/she has completed a minimum of 100 contact hours with clients who have substance use disorder as co-occurring factor presented during mental health treatment.

## 4.0 Required Documentation for Certification Eligibility

- 1. A copy of the applicant's professional registration, credential, or membership
- 2. Copies of completion of training as outline in the Educational Standards
- 3. A signed application form with attestation that the applicant has met all the requirements as detailed herein
- 4. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

#### 5.0 Required Documentation for Renewal of Certification

To maintain Certification, a reapplication is required. The steps to apply for a 1-year reapplication are as follows:

- 1. Submit, via email, a copy of your professional registration, credential, or membership as well as a completion certificate for six (6) CPD hours of training specific to assessment and treatment of substance use disorders, co-occurring disorders, suicide/self-injury, psychological trauma to <u>info@evergreencertifications.com</u>
- 2. Payment of re-certification application fee

You can also apply for reapplication for 2 or 3 years. Follow the process above, submitting twelve (12) CPD hours of training for a 2-year reapplication, and eighteen (18) CPD hours of training for a 3-year application.

Re-certification training hours need to have been taken in the time since you were last certified or recertified. Renewals are calculated from the date that your certification was issued.

If you allow your certification to lapse for more than 2 years, you are no longer eligible to renew your certification and instead can reapply for certification.