



Certified Personality Disorder Treatment Professional (C-PD) Certification Standards

1.0 Professional Standards

1.1 State or Nationally licensed professionals as listed below AND completed all training hours and supervision requirements to be licensed for independent practice in the state they are licensed in (or equivalent if practicing outside of the United States):

- Psychologist (LP or LCP)
- Counselor
 - LCMHC
 - LCP
 - LCPC
 - LMHC
 - LPC
 - LPCC
 - LPCMH
- Social Worker
 - LCSW
 - LCSW-C
 - LICSW
 - LISW
 - LISW-CP
 - LMSW if licensed in Michigan or Nebraska
- LMSW-ACP
- LSCSW
- Marriage and Family Therapist
 - LCMFT
 - LIMFT
 - LMFT
- Addictions Counselor (LCAS)
- Alcohol and Drug Counselor (LCADC or LADAC)
- Chemical Dependency/Substance Abuse Counselor (LCDP or LCSTP)
- Advanced Practice Nurse (APN)
- Nurse Practitioner (NP)
- Physician's Assistant (PA)
- Physician (MD)
- Psychoanalyst (LP)
- Board Certified Behavioral Analyst

Canadian Applicants: Licensed professionals who have met the licensure requirements for Provincial and Territorial Regulatory Bodies are welcome to apply. If you are unsure if your professional background meets the standards for Certification, please email a copy of your educational background and CV to info@evergreencertifications.com

International Applicants: Please check for a link to standards specific to your country of practice. If no link is available, please email us a copy of your educational background and CV to info@evergreencertifications.com

1.2 By applying for Certification, the applicant agrees to adhere to Evergreen Certifications' Professional Code of Ethics, available at www.evergreencertifications.com/codeofethics

2.0 Post-Graduate Level Educational Standards

2.1 The candidate must meet the following education criteria (total minimum of 18 clock hours of continuing education or professional development training):

Diagnosis of Personality Disorders

- Diagnostic Models: current research around the application of and shortcomings off each, including:
 - DSM-5
 - PDM
 - SWAP
 - Interpersonal Diagnosis
- The role of client gender, ethnicity, poverty and trauma history in diagnosis

- The impact of complex trauma in early life

Screening and Assessment

- Steps and methods to identify and diagnose a personality disorder
- Tests and clinical instruments
- Symptomatic conditions vs. characteristic conditions
- Recognizing the difference in life pattern between “normal” and “disordered” personalities
- Comorbid clinical disorders
- Differential diagnosis

Treatment Interventions

- The impact of etiology on treatment intervention success or failure
- Predicting treatability of a personality disordered client
- How to choose and apply the appropriate intervention based on diagnosis, including:
 - Mentalization-Based Treatment
 - Transference-Focused Psychotherapy
 - Interpersonal Reconstructive Psychotherapy
 - Object Relations Developmental Psychotherapy
 - Dialectical Behavior Therapy
 - Cognitive Behavioral Therapy
 - Schema-Based Treatment
 - Personality-Guided Psychotherapy
 - Tactical Therapy
 - Strategic Therapy
 - Structural Therapy
- How to develop treatment goals based on diagnosis and intervention selection
- The role of medications in treatment, including effects, side effects and warnings
- The role of residential or intensive treatment models
- Current research around the limitations and risks of each treatment intervention

Suicide & Crisis Management

- Violence, suicide & manipulation
- Non-Suicidal Self-Injury (NSSI)
- Suicide risk assessment
- Hospitalization challenges and effective use

Special Considerations

- Special considerations for personality disorders across all developmental and life stages
- Special considerations for couples, families and others with close relationships to a personality disordered individual
- Ethical and legal considerations
- Self-care for the professional

2.2 Suitable education sources are approved continuing education or professional development training as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for Certification.

3.0 Clinical Experience Attestation

The applicant must attest that over the course of their career, they have conducted a minimum of 100 hours of therapeutic contact with an individual with personality disorder traits and/or diagnosis.

4.0 Required Documentation for Certification Eligibility

1. A copy of the applicant's professional license
2. Copies of completion of training as outlined in the Educational Standards
3. A signed and completed application form with attestation that the candidate has met all the requirements detailed herein
4. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

5.0 Required Documentation for Renewal of Certification

To maintain Certification, a reapplication is required. The steps to apply for a 1-year reapplication are as follows:

1. Submit, via email, to info@evergreencertifications.com
 - a. A copy of your professional licensure
 - b. Completion certificate for six (6) clock hours of personality disorder-focused continuing education or professional development training
2. Payment of re-certification application fee

You can also apply for reapplication for 2 or 3 years. Follow the process above, submitting twelve (12) clock hours of training for a 2-year reapplication, and eighteen (18) clock hours of training for a 3-year application.

Re-certification training hours need to have been taken in the time since you were last certified or recertified. Renewals are calculated from the date that your Certification was issued.

If you allow your Certification to lapse for more than 3 years, you are no longer eligible to renew your Certification and instead can reapply for Certification.