



Certified Holistic MLD Practitioner (C-MLD) Certification Standards

1.0 Professional Standards

1.1 To be eligible for certification, the applicant must hold a state or national license as listed below (or equivalent if practicing outside of the United States):

- Physical Therapist
- Physical Therapist Assistant
- Occupational Therapist
- Occupational Therapy Assistant
- Chiropractor
- Massage Therapist (must be an LMT or BCTMB certified)
- Licensed Practical Nurse
- Registered Nurse
- Athletic Trainer (must be BOC certified)
- Acupuncturist
- Exercise Physiologist
- Certified Nursing Assistant/Aide

1.2 By applying for certification, the applicant agrees to adhere to [Evergreen Certifications' Professional Code of Ethics](#)

2.0 Educational Standards

2.1 The applicant must meet the following education criteria (total minimum of 18 hours of continuing education):

- Overview of the anatomy and physiology of the lymphatic system
- Effective methods for donning/doffing compression garments
- Understand lymphatic flow, load, and diet
- Treatment strategies for specific populations (such as pregnancy, athletics, pediatrics, etc)
- Targeted interventions for lymphedema, edema, lipedema, pain, scars, and joint replacement
- MLD protocols, including both pre-op and post-op
- How to preserve MLD outcomes

2.2 Suitable education sources are approved continuing education as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 2 years of initial application for Certification.

3.0 Certification Application Process

1. Submit the following documents:
 - a. A copy of the candidate's professional license
 - b. Copies of completion of training as outline in the Educational Standards
2. Payment of certification application fee

Evergreen Certifications will certify applicants who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

4.0 Renewal of Certification

To maintain certification, a renewal is required. The steps to apply for a 2-year renewal are as follows:

1. Submit the following documents:
 - a. A copy of your professional license
 - b. Completion certificate for twelve (12) hours of MLD-related continuing education
2. Payment of renewal fee

Renewal training hours need to have been taken in the time since you were certified or last renewed. Renewals are calculated from the date that your certification was issued.

If you allow your certification to lapse for more than 2 years from your certification end date, you are no longer eligible to renew and instead can reapply for certification.