



Certified Clinical Telemental Health Provider (CTMH) Certification Standards

Application Standards for Practicing Professionals in the United Kingdom or Scotland

1.0 Professional Standards

1.1 Nationally registered, credentialed or member of the association noted:

- Counsellor, Psychotherapist, or Psychologist
 - Hold a registration as a MBACP, MBACP-Accredited, MBACP-Senior Accredited or higher with the British Association for Counselling & Psychotherapy (BACP)
 - Hold a full clinical membership with the UK Council for Psychotherapy (UKCP)
 - Be an Accredited Registrant (MNCS), Professional Registrant (MNCS Prof Accred), Senior Accredited Registrant (MNCS Snr Accred) or a Fellow Registrant with the National Counselling Society (NCS)
 - Be an Accredited Member, Senior Member or Fellow with the Accredited Counsellors, Coaches, Psychotherapists and Hypnotherapists (ACCPH)
 - Hold a registration as a Practitioner Psychologist with the Health & Care Professionals Council (HCPC)
 - Hold a Full Membership with the Association of Child Psychotherapists
 - Hold a Registered Counsellor Membership with the Association of Christian Counsellors (ACC)
 - Be a COSCA or UK Body Accredited Member of the Counselling & Psychotherapy in Scotland (COCSA)
- Social Worker
 - Hold a registration with the Health & Care Professionals Council (HCPC)
 - Hold a Working or Independent Membership with the British Association of Social Workers (BASW)
- Psychoanalytic and psychodynamic psychotherapists
 - Hold a Full Membership with the British Psychoanalytic Council (BPC)
- Play Therapist
 - Hold a Full Membership with the British Association of Play Therapists
 - Hold a Certification as a Play Therapist, Practitioner in Therapeutic Play Skills, Play and Creative Arts Counsellor or Supervisor of Play and Creative Arts Therapists with the Play Therapy Register
- Mental Health Nurse
 - Hold a Mental Health or Specialist Community Public Health Nurse registration with the Nursing & Midwifery Council
- Advanced Nurse Practitioner
 - Hold an active registration with the Royal College of Nursing
- Medical Doctor
 - Hold a Full, General or Specialist registration with the General Medical Council

For all professions: Provisional or student registration or membership does not meet the standards for Certification. Coaches do not meet the standards for Certification, unless the Coach also holds a certification, registration or membership listed above.

Other applicants: Registered or credentialed professionals whose professional scope of practice allows them to diagnose and provide clinical mental health treatment plans for mental health disorders AND have met the registration or credentialing requirements in the UK or Scotland are welcome to apply. If you are unsure whether your professional background meets the standards for Certification, please email a copy of your educational background, professional scope of practice, membership or registration and CV to info@evergreencertifications.com

1.2 The applicant in must:

- Be in good standing with the State or National Board, Registry or Organization that represents their profession, including not being on probationary status for any reason.
- Not have been ethically or professionally denied application to or renewal of his/her professional membership or registration in local, state or national associations to which he/she is qualified within the past 5 years.
- Not have had his/her professional or medical privileges restricted, revoked, or revised in any formal institutional setting (e.g., hospital, clinic or other clinical setting) based upon professional malpractice within the last 5 years.

2.0 Educational Standards

2.1 The candidate must meet the following education criteria (total minimum of 12 CPD hours at a post-graduate level):

- Benefits, risks and dependency issues of using online/distance therapy and the internet in general
- Current research around the evidence for and pitfalls of online/distance therapy
- Legal and ethical issues
 - Knowledge and review of your ethical framework
 - Client privacy and data security considerations
 - Boundary issues
 - Multicultural issues
- The practice of clinical online/distance therapy
 - Adapting counselling/therapy theory and techniques to online/distance therapy, including termination of counseling/therapy
 - Screening for suitability for your client
 - Policies and procedures that protect yourself, your license and the client
 - Informed consent
 - Intake processes
 - Emergency and crisis action plans
 - Delivery methods and platforms
 - Technology competence for the clinician
 - Online/distance therapy health as a business

2.2 Examples of suitable education sources include, but are not limited to:

- Post-Graduate level coursework from an accredited college or university as documented by a copy of the course syllabus and a transcript showing completion of the course
- Approved CPD as documented by certificates of completion from training organization

3.0 Post-Educational Exam

As part of the educational process, the applicant must complete a post test/exam and score at least an 80% on the exam.

4.0 Required Documentation for Certification Eligibility

1. A copy of the applicant's professional registration, credential or membership
2. Copies of completion of training as outline in the Educational Standards
3. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

5.0 Required Documentation for Renewal of Certification

To maintain Certification, a reapplication is required. The steps to re-apply for a 1-year reapplication are as follows:

1. Submit, via email, to info@evergreencertifications.com
 - a. A copy of your professional registration, credential or membership
 - b. Completion certificate for four (4) CPD hours of post-graduate level training in any of the following topics:
 - i. Online/distance therapy
 - ii. Law and Ethics
 - iii. Privacy compliance
2. Payment of re-certification application fee

Re-certification training hours need to have been taken in the time since you were last certified or recertified. Renewals are calculated from the date that your Certification was issued. If you allow your Certification to lapse for more than 1 year, you are no longer eligible to renew your Certification and instead can reapply for Certification.