



Certified Integrative Mental Health Professional (CIMHP) Certification Standards

Application Standards for Practicing Professionals in the United Kingdom

1.0 Professional Standards

1.1 Nationally registered, credentialed or member of the association noted:

- Counsellor, Psychotherapist, or Psychologist
 - Hold a registration as a MBACP, MBACP-Accredited, MBACP-Senior Accredited or higher with the British Association for Counselling & Psychotherapy (BACP)
 - Hold a full clinical membership with the UK Council for Psychotherapy (UKCP)
 - Be an Accredited Registrant (MNCS), Professional Registrant (MNCS Prof Accred), Senior Accredited Registrant (MNCS Snr Accred) or a Fellow Registrant with the National Counselling Society (NCS)
 - Be an Accredited Member, Senior Member or Fellow with the Accredited Counsellors, Coaches, Psychotherapists and Hypnotherapists (ACCPH)
 - Hold a registration as a Practitioner Psychologist with the Health & Care Professionals Council (HCPC)
 - Hold a Full Membership with the Association of Child Psychotherapists
 - Hold a Registered Counsellor Membership with the Association of Christian Counsellors (ACC)
 - Be a COSCA or UK Body Accredited Member of the Counselling & Psychotherapy in Scotland (COCSA)
- Social Worker
 - Hold a registration with the Health & Care Professionals Council (HCPC)
 - Hold a Working or Independent Membership with the British Association of Social Workers (BASW)
- Psychoanalytic and psychodynamic psychotherapists
 - Hold a Full Membership with the British Psychoanalytic Council (BPC)
- Play Therapist
 - Hold a Full Membership with the British Association of Play Therapists
 - Hold a Certification as a Play Therapist, Practitioner in Therapeutic Play Skills, Play and Creative Arts Counsellor or Supervisor of Play and Creative Arts Therapists with the Play Therapy Register
- Mental Health Nurse
 - Hold a Mental Health or Specialist Community Public Health Nurse registration with the Nursing & Midwifery Council
- Advanced Nurse Practitioner
 - Hold an active registration with the Royal College of Nursing
- Medical Doctor
 - Hold a Full, General or Specialist registration with the General Medical Council
- Dietitian
 - Hold a registration with the Health & Care Professionals Council (HCPC)
- Nutritionist
 - Be a Registered Nutritionist with the Health & Care Professionals Council (HCPC) or with the General Medical Council
- Occupational Therapist
 - Hold a registration with the Health & Care Professionals Council (HCPC)

For all professions: Provisional or student registration does not meet the standards for certification. Coaches do not meet the standards for certification, unless the coach also holds a certification, registration or membership listed above.

Other applicants: Registered or credentialed professionals whose professional scope of practice allows them to diagnose and provide clinical mental health treatment plans for mental health disorders AND have met the registration or

credentialing requirements in the United Kingdom are welcome to apply. If you are unsure if your professional background meets the standards for certification, please email a copy of your educational background, professional scope of practice, membership or registration and CV to info@evergreencertifications.com

1.2 By applying for certification, the applicant agrees to adhere to Evergreen Certifications' Professional Code of Ethics, available at www.evergreencertifications.com/codeofethics

2.0 Educational Standards

2.1 The candidate must meet the following education criteria (total minimum of 18 CPD hours of training), including hours specific to:

- Integrative assessments
- Clinical application & evidence-based research of alternative therapies, including:
 - Ayurvedic medicine
 - Nutritional medicine
 - Herbal medicine
 - Somatic therapies
 - Mind-body therapies
 - Spirituality
- The relationship between mental and physical health, including:
 - Inflammation
 - Microbiome
 - Hormones
 - Gut health
 - Sleep and Insomnia
 - Exercise
 - Substance use and addictions
- Non-pharmaceutical treatment planning and protocols for mental health disorders
- Scope of practice

2.2 Suitable education sources are approved continuing education or professional development training as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for certification.

3.0 Clinical Practice Attestation

The candidate must attest that, over the course of their career, he/she has conducted a minimum of 20 clinical sessions with clients in which nutritional and integrative medicine approaches were discussed as part of a comprehensive mental health treatment plan.

4.0 Certification Application Process

1. A copy of the candidate's professional registration, credential or membership
2. Copies of completion of training as outline in the Educational Standards
3. A signed application form with attestation that the candidate has met all the requirements as detailed herein
4. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

5.0 Renewal of Certification

To maintain certification, a renewal is required. The steps to apply for a 1-year renewal are as follows:

1. Submit, via email, a copy of your professional licensure as well as a completion certificate for six (6) CPD hours of nutrition and integrative/complementary and alternative treatment approaches for mental health issues training to info@evergreencertifications.com
2. Payment of re-certification application fee

You can also apply for reapplication for 2 or 3 years. Follow the process above, submitting twelve (12) CPD hours of training for a 2-year renewal, and eighteen (18) CPD hours of training for a 3-year renewal.

Recertification training hours need to have been taken in the time since you were certified or last recertified. Renewals are calculated from the date that your certification was issued.

If you allow your certification to lapse for more than 3 years, you are no longer eligible to renew your Certification and instead can reapply for certification.