



Certified Integrative Mental Health Professional (CIMHP) Certification Standards
Application Standards for Practicing Professionals in Australia and New Zealand

1.0 Professional Standards

1.1 Nationally registered, credentialed or member of the association noted:

- Registered Psychologist
 - Hold a general designation and/or with endorsement that aligns with the standards set by the Psychology Board of Australia
 - Hold a registration with New Zealand Psychologists Board AND hold a practising certification
- Registered Counsellor
 - Be a Level 2, 3 or 4 member of the Australian Counselling Association (ACA)
 - Be a full member of the New Zealand Association of Counsellors
 - Be a Clinical member of the Psychotherapy and Counselling Federation of Australia (PACFA)
- Social Worker
 - Be a member of the Australian Association of Social Workers
 - Hold a Practising Certificate with the Social Workers Registration Board
- Psychiatrist
 - Be accredited by the Royal Australian & New Zealand College of Psychiatrists
- Credentialed mental health nurse
- Registered nurse practitioner
- Advanced practice nurse
- Doctor of Medicine
 - Hold a General or Specialist registration with the Medical Board of Australia
 - Hold a practising certificate and be registered with the Medical Council of New Zealand
- Dietitian
 - Be an Accredited Practising Dietitian (APD) with the Dietitians Association of Australia
- Nutritionist
 - Be a Registered Nutritionist or Public Health Nutritionist with The Nutrition Society of Australia
- Occupational Therapist
 - Hold a registration with the Occupational Therapy Board of Australia
 - Hold a registration with the Occupational Therapy Board of New Zealand

For all professions: Provisional or student registration does not meet the standards for Certification. Coaches do not meet the standards for certification, unless the coach also holds a certification, registration or membership listed above.

Other applicants: Registered or credentialed professionals whose professional scope of practice allows them to diagnose and provide clinical mental health treatment plans for mental health disorders AND have met the registration or credentialing requirements in Australia or New Zealand are welcome to apply. If you are unsure if your professional background meets the standards for certification, please email a copy of your educational background, professional scope of practice, membership or registration and CV to info@evergreencertifications.com

1.2 By applying for certification, the applicant agrees to adhere to Evergreen Certifications' Professional Code of Ethics, available at www.evergreencertifications.com/codeofethics

2.0 Educational Standards

2.1 The candidate must meet the following education criteria (total minimum of 18 CPD hours of training), including hours specific to:

- Integrative assessments
- Clinical application & evidence-based research of alternative therapies, including:
 - Ayurvedic medicine
 - Nutritional medicine
 - Herbal medicine
 - Somatic therapies
 - Mind-body therapies
 - Spirituality
- The relationship between mental and physical health, including:
 - Inflammation
 - Microbiome
 - Hormones
 - Gut health
 - Sleep and Insomnia
 - Exercise
 - Substance use and addictions
- Non-pharmaceutical treatment planning and protocols for mental health disorders
- Scope of practice

2.2 Suitable education sources are approved professional development trainings as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for certification.

3.0 Clinical Practice Attestation

The candidate must attest that, over the course of their career, he/she has conducted a minimum of 20 clinical sessions with clients in which nutritional and integrative medicine approaches were discussed as part of a comprehensive mental health treatment plan.

4.0 Certification Application Process

1. A copy of the candidate's professional registration, credential or membership
2. Copies of completion of training as outline in the Educational Standards
3. A signed application form with attestation that the candidate has met all the requirements as detailed herein
4. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

5.0 Renewal of Certification

To maintain certification, a renewal is required. The steps to apply for a 1-year renewal are as follows:

1. Submit, via email, a copy of the applicant's professional registration, credential or membership as well as a completion certificate for six (6) CPD hours of nutrition and integrative/complementary and alternative treatment approaches for mental health issues training to info@evergreencertifications.com
2. Payment of renewal application fee

You can also apply for renewal for 2 or 3 years. Follow the process above, submitting twelve (12) CPD hours of training for a 2-year renewal, and eighteen (18) CPD hours of training for a 3-year renewal.

Renewal training hours need to have been taken in the time since you were certified or last renewed. Renewals are calculated from the date that your Certification was issued.

If you allow your certification to lapse for more than 3 years, you are no longer eligible to renew your Certification and instead can reapply for certification.