

# **Certified Fall Prevention Specialist (CFPS) Certification Standards**

## 1.0 Professional Standards

Certified Fall Prevention Specialist (CFPS) Certification is designed for licensed or credentialed professionals who provide care to patients at risk of falling, have done so for at least 12 months, and have specialized training in fall risk assessment and prevention.

Common professionals who apply for CFPS Certification include:

- Health Care Professionals such as Certified Nursing Assistants, Licensed Practical Nurses, Registered Nurses,
  Nurse Practitioners, Physicians and Physician Assistants
- Rehabilitation Professionals such as Occupational Therapists/Occupational Therapy Assistants, Physical Therapists/Physical Therapist Assistants, Speech Language Pathologists, BOC Certified Athletic Trainers
- Behavioral Health Professionals such as Social Workers, Marriage & Family Therapists, Psychologists and Counselors
- Other Credentialed Professionals such as Case Managers, Personal Care Assistants, Home Care Providers, Admissions Directors, Administrators

1.2 By applying for certification, the applicant agrees to adhere to Evergreen Certifications' Professional Code of Ethics

#### 2.0 Educational Standards

2.1 The candidate must meet the following education criteria (total minimum of 12 clock hours of continuing education):

An understanding and awareness in each of the following core areas:

- Comprehensive Fall Risk Assessment including the impact of comorbidities, medications, cognitive alterations, and an understanding of the STEADI algorithm as published by the Centers for Disease Control and Prevention (CDC)
- **Fall Prevention Interventions** including exercise, maintenance of highest level of function, safe-transfer techniques, person-centered care plans, and caregiver education
- Interdisciplinary Care including when to refer patients and scope of practice
- Acute Fall Response including immediate care after a fall and root cause analysis
- 2.2 Suitable education sources are approved continuing education as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for certification.

# 3.0 Certification Application Process

- 1. Submit the following documents:
  - a. Copies of completion of training as outline in the Educational Standards
  - b. A copy of the candidate's professional license
- 2. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.



Please note: Certification does not imply endorsement of clinical competency. As a professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

## 4.0 Renewal of Certification

To maintain certification, a renewal is required. The steps for a 1-year renewal are as follows:

- 1. Submit the following documents:
  - a. A copy of the candidate's professional license
  - b. Completion certificate for six (6) clock hours of pharmacology, fall prevention, cognitive decline, mobility or physical decline-focused continuing education
- 2. Payment of renewal fee

You can also renew for 2 or 3 years. Follow the process above, submitting twelve (12) CE hours of training for a 2-year renewal, and eighteen (18) CE hours of training for a 3-year renewal.

Renewal training hours need to have been taken in the time since you were certified or last renewed. Renewals are calculated from the date that your certification was issued.

If you allow your certification to lapse for more than 3 years, you are no longer eligible to renew your certification and instead can reapply for certification.