



Certified Fall Prevention Specialist (CFPS) Certification Standards
Application Standards for Practicing Professionals in the United Kingdom

1.0 Professional Standards

1.1 Nationally registered, credentialed or member of the association noted:

- Counsellor, Psychotherapist, or Psychologist
 - Hold a registration as a MBACP, MBACP-Accredited, MBACP-Senior Accredited or higher with the British Association for Counselling & Psychotherapy (BACP)
 - Hold a full clinical membership with the UK Council for Psychotherapy (UKCP)
 - Be an Accredited Registrant (MNCS), Professional Registrant (MNCS Prof Accred), Senior Accredited Registrant (MNCS Snr Accred) or a Fellow Registrant with the National Counselling Society (NCS)
 - Be an Accredited Member, Senior Member or Fellow with the Accredited Counsellors, Coaches, Psychotherapists and Hypnotherapists (ACCPH)
 - Hold a registration as a Practitioner Psychologist with the Health & Care Professionals Council (HCPC)
 - Hold a Full Membership with the Association of Child Psychotherapists
 - Hold a Registered Counsellor Membership with the Association of Christian Counsellors (ACC)
 - Be a COSCA or UK Body Accredited Member of the Counselling & Psychotherapy in Scotland (COCSA)
- Social Worker
 - Hold a registration with the Health & Care Professionals Council (HCPC)
 - Hold a Working or Independent Membership with the British Association of Social Workers (BASW)
- Psychoanalytic and psychodynamic psychotherapists
 - Hold a Full Membership with the British Psychoanalytic Council (BPC)
- Play Therapist
 - Hold a Full Membership with the British Association of Play Therapists
 - Hold a Certification as a Play Therapist, Practitioner in Therapeutic Play Skills, Play and Creative Arts Counsellor or Supervisor of Play and Creative Arts Therapists with the Play Therapy Register
- Mental Health Nurse
 - Hold a Mental Health or Specialist Community Public Health Nurse registration with the Nursing & Midwifery Council
- Advanced Nurse Practitioner
 - Hold an active registration with the Royal College of Nursing
- Medical Doctor
 - Hold a Full, General or Specialist registration with the General Medical Council
- Occupational Therapist
 - Hold a registration with the Health & Care Professionals Council (HCPC)
- Speech and Language Therapist/Speech Therapist
 - Hold a registration with the Health & Care Professionals Council (HCPC)

For all professions: Provisional or student registration or membership does not meet the standards for Certification. Coaches do not meet the standards for Certification, unless the Coach also holds a certification, registration or membership listed above.

Other applicants: Registered or credentialed professionals whose professional scope of practice allows them to diagnose and provide clinical mental health treatment plans for mental health disorders AND have met the registration or

credentialing requirements in the UK are welcome to apply. If you are unsure whether your professional background meets the standards for Certification, please email a copy of your educational background, professional scope of practice, membership or registration and CV to info@evergreencertifications.com

1.2 The applicant must:

- Be in good standing with the State or National Board, Registry or Organization that represents their profession, including not being on probationary status for any reason.
- Not have been ethically or professionally denied application to or renewal of his/her professional membership or registration in local, state or national associations to which he/she is qualified within the past 5 years.
- Not have had his/her professional or medical privileges restricted, revoked, or revised in any formal institutional setting (e.g., hospital, clinic or other clinical setting) based upon professional malpractice within the last 5 years.

2.0 Educational Standards

2.1 The applicant must meet the following education criteria (total minimum of 12 CPD hours at a post-graduate level):

- An understanding of fall definition, types, epidemiology and prevalence of falls in a variety of clinical settings
- An awareness of interdisciplinary professional expertise and when to refer patients for additional clinical interventions
- An understanding of multifactorial risks for falls, including intrinsic, extrinsic and system-wide factors
- Ability to provide comprehensive assessment for fall risk using fall assessment tools, the patient's fall history, individualized risk factors and physical assessment
- An understanding of the medications that impact fall risk, including high risk medications from the BEERs criteria as published by the American Geriatrics Society (AGS)
- An understanding of the importance of maintaining ambulatory status or highest level of function to support core and lower extremity strength in older adults, for the purpose of preventing falls
- An understanding of the most recent research surrounding the importance, benefits, and duration of exercise to reduce fall risk
- An understanding of high risk falls conditions including alternation in cognition i.e. dementia or acute delirium
- Ability to identify the impact comorbidities have on an individual's fall risk, including: arthritis, stroke, neurological diseases such as Parkinson's disease and multiple sclerosis, diabetes, pain and incontinence
- Ability to recommend universal fall prevention interventions as well as person-centered care plans for patients at risk for falls
- Ability to implement evidence-based interventions for falls including surveillance and reduction of injury
- An understanding of the STEADI algorithm as published by the Centers for Disease Control and Prevention (CDC) and be competent to screen, assess and intervene as allowed by your professional scope of practice
- An understanding of orthostatic hypotension and its impact on fall risk
- Ability to provide immediate care after a fall and conduct a root cause analysis when a fall occurs to identify patient, environmental and systemic conditions that may have led to a fall
- Ability to effectively provide fall prevention education to patients, family and/or caregivers
- An understanding of safe transfer techniques, wheelchair safety and evaluation of assistance devices

2.2 Examples of suitable education sources include, but are not limited to:

- Post-Graduate level coursework from an accredited college or university as documented by a copy of the course syllabus and a transcript showing completion of the course
- Approved CPD as documented by certificates of completion from training organization

3.0 Required Documentation for Certification Eligibility

1. A copy of the applicant's professional registration, credential, or membership
2. Copies of completion of training as outline in the Educational Standards
3. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

4.0 Required Documentation for Renewal of Certification

To maintain Certification, a reapplication is required. The steps to apply for a 1-year reapplication are as follows:

1. Submit, via email, a copy of your professional registration, credential, or membership as well as a completion certificate for six (6) CPD hours of post-graduate level, pharmacology, fall prevention, cognitive decline, mobility or physical decline-focused training to info@evergreencertifications.com
2. Payment of re-certification application fee

You can also apply for reapplication for 2 or 3 years. Follow the process above, submitting twelve (12) CPD hours of training for a 2-year reapplication, and eighteen (18) CPD hours of training for a 3-year application.

Re-certification training hours need to have been taken in the time since you were last certified or recertified. Renewals are calculated from the date that your Certification was issued. If you allow your Certification to lapse for more than 3 years, you are no longer eligible to renew your Certification and instead can reapply for Certification.