



Certified Fall Prevention Specialist (CFPS) Certification Standards
Application Standards for Practicing Professionals in Australia and New Zealand

1.0 Professional Standards

1.1 Nationally registered, credentialed, or member of the association noted:

- Registered Psychologist
 - Hold a general designation and/or with endorsement that aligns with the standards set by the Psychology Board of Australia
 - Hold a registration with New Zealand Psychologists Board AND hold a practising certification
- Registered Counsellor
 - Be a Level 2, 3 or 4 member of the Australian Counselling Association (ACA)
 - Be a full member of the New Zealand Association of Counsellors
 - Be a Clinical member of the Psychotherapy and Counselling Federation of Australia (PACFA)
- Social Worker
 - Be a member of the Australian Association of Social Workers
 - Hold a Practising Certificate with the Social Workers Registration Board
- Psychiatrist
 - Be accredited by the Royal Australian & New Zealand College of Psychiatrists
- Credentialed mental health nurse
- Registered nurse practitioner
- Advanced practice nurse
- Doctor of Medicine
 - Hold a General or Specialist registration with the Medical Board of Australia
 - Hold a practising certificate and be registered with the Medical Council of New Zealand
- Occupational Therapist
 - Hold a registration with the Occupational Therapy Board of Australia
 - Hold a registration with the Occupational Therapy Board of New Zealand
- Certified Practising Speech Pathologist
 - Hold full registration with Speech Pathology Australia
- Speech Language Therapist
 - Registered member of the New Zealand Speech-Language Therapists' Association (NZSTA)

For all professions: Provisional or student registration does not meet the standards for Certification.

Other applicants: Registered or credentialed professionals whose professional scope of practice allows them to diagnose and provide clinical mental health treatment plans for mental health disorders AND have met the registration or credentialing requirements in Australia or New Zealand are welcome to apply. If you are unsure whether your professional background meets the standards for Certification, please email a copy of your educational background, professional scope of practice, membership or registration and CV to info@evergreencertifications.com

1.2 The applicant must:

- Be in good standing with the State or National Board, Registry or Organization that represents their profession, including not being on probationary status for any reason.
- Not have been ethically or professionally denied application to or renewal of his/her professional membership or registration in local, state or national associations to which he/she is qualified within the past 5 years.

- Not have had his/her professional or medical privileges restricted, revoked, or revised in any formal institutional setting (e.g., hospital, clinic or other clinical setting) based upon professional malpractice within the last 5 years.

2.0 Educational Standards

2.1 The applicant must meet the following education criteria (total minimum of 12 CPD hours at a post-graduate level):

- An understanding of fall definition, types, epidemiology and prevalence of falls in a variety of clinical settings
- An awareness of interdisciplinary professional expertise and when to refer patients for additional clinical interventions
- An understanding of multifactorial risks for falls, including intrinsic, extrinsic and system-wide factors
- Ability to provide comprehensive assessment for fall risk using fall assessment tools, the patient's fall history, individualized risk factors and physical assessment
- An understanding of the medications that impact fall risk, including high risk medications from the BEERs criteria as published by the American Geriatrics Society (AGS)
- An understanding of the importance of maintaining ambulatory status or highest level of function to support core and lower extremity strength in older adults, for the purpose of preventing falls
- An understanding of the most recent research surrounding the importance, benefits, and duration of exercise to reduce fall risk
- An understanding of high risk falls conditions including alteration in cognition i.e. dementia or acute delirium
- Ability to identify the impact comorbidities have on an individual's fall risk, including: arthritis, stroke, neurological diseases such as Parkinson's disease and multiple sclerosis, diabetes, pain and incontinence
- Ability to recommend universal fall prevention interventions as well as person-centered care plans for patients at risk for falls
- Ability to implement evidence-based interventions for falls including surveillance and reduction of injury
- An understanding of the STEADI algorithm as published by the Centers for Disease Control and Prevention (CDC) and be competent to screen, assess and intervene as allowed by your professional scope of practice
- An understanding of orthostatic hypotension and its impact on fall risk
- Ability to provide immediate care after a fall and conduct a root cause analysis when a fall occurs to identify patient, environmental and systemic conditions that may have led to a fall
- Ability to effectively provide fall prevention education to patients, family and/or caregivers
- An understanding of safe transfer techniques, wheelchair safety and evaluation of assistance devices

2.2 Examples of suitable education sources include, but are not limited to:

- Post-Graduate level coursework from an accredited college or university as documented by a copy of the course syllabus and a transcript showing completion of the course
- Approved CPD as documented by certificates of completion from training organization

3.0 Required Documentation for Certification Eligibility

1. A copy of the applicant's professional registration, credential, or membership
2. Copies of completion of training as outlined in the Educational Standards
3. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

4.0 Required Documentation for Renewal of Certification

To maintain Certification, a reapplication is required. The steps to apply for a 1-year reapplication are as follows:

1. Submit, via email, a copy of your professional registration, credential, or membership as well as a completion certificate for six (6) CPD hours of post-graduate level, pharmacology, fall prevention, cognitive decline, mobility or physical decline-focused training to info@evergreencertifications.com
2. Payment of re-certification application fee

You can also apply for reapplication for 2 or 3 years. Follow the process above, submitting twelve (12) CPD hours of training for a 2-year reapplication, and eighteen (18) CPD hours of training for a 3-year application.

Re-certification training hours need to have been taken in the time since you were last certified or recertified. Renewals are calculated from the date that your Certification was issued. If you allow your Certification to lapse for more than 3 years, you are no longer eligible to renew your Certification and instead can reapply for Certification.