

## Certified Addictions-Informed Mental Health Professional (CAIMHP) Certification Standards

Application Standards for Practicing Professionals in Australia and New Zealand

#### 1.0 Professional Standards

- 1.1 Nationally registered, credentialed or member of the association noted:
  - Registered Psychologist
    - Hold a general designation and/or with endorsement
    - Hold a registration with New Zealand Psychologists Board AND hold a practising certification
  - Registered Counsellor
    - Be a Level 2, 3 or 4 member of the Australian Counselling Association
    - Be a full member of the New Zealand Association of Counsellors
  - Social Worker
    - Be a member of the Australian Association of Social Workers
    - Hold a Practicing Certificate with the Social Workers Registration Board
  - Psychiatrist
    - Be accredited by the Royal Australian & New Zealand College of Psychiatrists
  - Credentialed mental health nurse
  - Registered nurse practitioner (NP)
  - Advanced practice nurse (APN)
  - Doctor of Medicine (MD)
    - Hold a General or Specialist registration with the Medical Board of Australia
    - Hold a practising certificate and be registered with the Medical Council of New Zealand

Other applicants: Registered or credentialed professionals whose professional scope of practice allows them to diagnose and provide clinical mental health treatment plans for mental health disorders AND have met the registration or credentialing requirements in Australia or New Zealand are welcome to apply. If you are unsure if your professional background meets the standards for Certification, please email a copy of your educational background, professional scope of practice, membership or registration and CV to info@evergreencertifications.com

1.2 By applying for Certification, the applicant agrees to adhere to Evergreen Certifications' Professional Code of Ethics, available at <a href="https://www.evergreencertifications.com/codeofethics">www.evergreencertifications.com/codeofethics</a>

#### 2.0 Educational Standards

- 2.1 The candidate must meet the following education criteria (total minimum of 12 CPD hours):
  - Biopsychosocial aspects of substance use disorders to include: genetics/biology, personality/psychology, attachment, trauma, social, and environment
    - The neurobiology of addiction
    - The substances and classification to include:
      - i. Alcohol & other depressants
      - ii. Stimulants
      - iii. Opioids
      - iv. Cannabinoids
      - v. "Psychedelic" chemicals



#### vi. Inhalants

- Substance use assessment to include:
  - Intake questions and screening tools
  - Rating scales
  - Diagnoses
  - Levels of use
  - Biologic and physiologic markers of substance use
- Interplay/nexus of addictive behaviors/substance use and co-occurring disorders
- Behavioral/process addictions to include:
  - Compulsive gambling
  - Compulsive sexual behaviors
  - Electronic addictions
  - Symptoms of trauma
  - Comorbidities
- Treatment(s) to include:
  - Intervening
  - Levels of treatment and treatment selection
    - i. Detoxification
    - ii. Inpatient treatment
    - iii. Intensive Outpatient
    - iv. Outpatient treatment
  - Behavioral Treatments
  - Medication-Assisted Treatment
  - Support groups, including 12 step groups and alternatives
  - Harm Reduction
- Substance use among children and adolescents, prevention & treatment
- Special Populations to include LGBTQ clients and those in the Criminal Justice System
- Ethical and legal issues and considerations
- 2.2 Suitable education sources are approved professional development trainings as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for Certification.

#### 3.0 Certification Client Work and Consultation Attestation

The candidate must attest that, over the course of their career, he/she has completed a minimum of 100 contact hours with clients who have substance use disorder as co-occurring factor presented during mental health treatment.

### 4.0 Required Documentation for Certification Eligibility

- 1. A copy of the applicant's professional registration, credential or membership
- 2. Copies of completion of training as outline in the Educational Standards
- 3. A signed application form with attestation that the candidate has met all the requirements as detailed herein



# 4. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

## 5.0 Required Documentation for Renewal of Certification

To maintain Certification, a renewal is required. The steps to apply for a 1-year renewal are as follows:

- 1. Submit, via email, a copy of your professional licensure as well as a completion certificate for six (6) CPD hours of training specific to assessment and treatment of substance use disorders, co-occurring disorders, suicide/self-injury, psychological trauma to <a href="mailto:info@evergreencertifications.com">info@evergreencertifications.com</a>
- 2. Payment of renewal application fee

You can also apply for renewal for 2 or 3 years. Follow the process above, submitting twelve (12) CPD hours of training for a 2-year renewal, and eighteen (18) CPD hours of training for a 3-year renewal.

Renewal training hours need to have been taken in the time since you were last certified or renewed. Renewals are calculated from the date that your Certification was issued.

If you allow your Certification to lapse for more than 3 years, you are no longer eligible to renew your Certification and instead can reapply for Certification.