

Certified Personality Disorder Treatment Professional (C-PD) Certification Standards

1.0 Professional Standards

- 1.1 To be eligible for Certification, the applicant must have earned a minimum of a master's degree in their profession AND hold a State or National license as listed below, with all training hours and supervision requirements completed to be licensed for independent practice in the state they are licensed in (or equivalent if practicing outside of the United States):
 - Psychologist (LP or LCP)
 - Counselor
 - LCMHC
 - LCP
 - LCPC
 - LMHC
 - LPC
 - LPCC
 - LPCMH
 - Social Worker
 - LCSW
 - LCSW-C
 - LICSW

- LISW
- LISW-CP
- LMSW if licensed in Michigan or Nebraska
- LMSW-ACP
- LSCSW
- Marriage and Family Therapist
 - LCMFT
 - LIMFT
 - LMFT
- Psychiatric Nurse Practitioner (NP)
- Psychiatrist (MD)
- Psychoanalyst (LP)

<u>Canadian Applicants</u>: Licensed professionals who have met the licensure requirements for Provincial and Territorial Regulatory Bodies are welcome to apply. If you are unsure if your professional background meets the standards for Certification, please email a copy of your educational background and CV to <u>info@evergreencertifications.com</u>

<u>International Applicants</u>: Please check for a link to standards specific to your country of practice. If no link is available, please email us a copy of your educational background and CV to <u>info@evergreencertifications.com</u>

1.2 By applying for Certification, the applicant agrees to adhere to Evergreen Certifications' Professional Code of Ethics, available at www.evergreencertifications.com/codeofethics

2.0 Educational Standards

2.1 The candidate must meet the following education criteria (total minimum of 18 hours of continuing education):

<u>Core Personality Disorders Educational Competency Areas:</u>

Screening & Assessment – understand what a personality disorder is and how it develops, clinical assessment tools, distinguish personality disorders from other clinical disorders, recognize co-morbidities

Identification – identify symptoms and distinguish between all 10 personality disorders

Diagnosis – utilization of current diagnostic models and how to accurately diagnose

Treatment Interventions – appropriate treatment recommendations, interventions, and goals for each personality disorder, basic knowledge of psychopharmacology and efficacy

Suicide & Crisis Management – suicide risk assessment, non-suicidal self-injury (NSSI), chronic suicidal ideation, violence and manipulation

Clinical Considerations – personality disorders across the lifespan, impact the personality disordered individual has on their family and close relationships

Ethical Considerations – maintain professional boundaries, transference/countertransference issues

2.2 Suitable education sources are approved continuing education as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for Certification.

3.0 Clinical Experience Attestation

The applicant must attest that over the course of their career, they have conducted a minimum of 100 hours of therapeutic contact with an individual with personality disorder traits and/or diagnosis.

4.0 Certification Application Process

- 1. Submit the following documents:
 - a. A copy of the applicant's professional license
 - b. Copies of completion of training as outlined in the Educational Standards
 - c. A signed and completed application form with attestation that the candidate has met all the requirements detailed herein
- 2. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

5.0 Renewal of Certification

To maintain Certification, a renewal is required. The steps to apply for a 1-year renewal are as follows:

- 1. Submit the following documents:
 - a. A copy of your professional licensure
 - b. Completion certificate for six (6) clock hours of personality disorder-focused continuing education
- 2. Payment of renewal application fee

You can also apply for renewal for 2 or 3 years. Follow the process above, submitting twelve (12) CE hours of training for a 2-year renewal, and eighteen (18) CE hours of training for a 3-year renewal.

Renewal training hours need to have been taken in the time since you were last certified or renewed. Renewals are calculated from the date that your Certification was issued.

If you allow your Certification to lapse for more than 3 years, you are no longer eligible to renew your Certification and instead can reapply for Certification.