



## **Certified Personality Disorder Treatment Professional (C-PD) Certification Standards**

Application Standards for Practicing Professionals in the United Kingdom

### **1.0 Professional Standards**

1.1 Nationally registered, credentialed or member of one of the associations noted:

Psychotherapist or counsellor

- Hold a full clinical membership with the UK Council for Psychotherapy (UKCP)
- Hold a full membership as a MBACP with a MA/ MSc in Counselling or Psychotherapy or MBACP-Senior Accredited or higher with the British Association for Counselling & Psychotherapy (BACP)
- Be a Senior Accredited Registrant (MNCS Snr Accred) or a Fellow Registrant with the National Counselling Society (NCS)
- Hold a Full Membership with the Association of Child Psychotherapists with a MA/ MSc in Counselling or Psychotherapy
- Hold a Full Membership with BABCP with a MA/ MSc in Counselling or Psychotherapy
- Hold a Registered Counsellor Membership with the Association of Christian Counsellors (ACC) with a with a MA/ MSc in Counselling or Psychotherapy
- Be a COSCA or UK Body Accredited Member of the Counselling & Psychotherapy in Scotland (COCSA) with a MA/ MSc in Counselling or Psychotherapy

Psychologist

- Hold a registration as a Psychologist with the Health & Care Professionals Council (HCPC)
- Hold a full registration as a Psychologist with the British Psychological Society (BPS)

Social Worker

- Hold a registration with the Health & Care Professionals Council (HCPC)
- Hold a Working or Independent Membership with the British Association of Social Workers (BASW)

Psychoanalytic and psychodynamic psychotherapists

- Hold a Full Membership with the British Psychoanalytic Council (BPC)

Play Therapist

- Hold a Full Membership with the British Association of Play Therapists with a MA/ MSc in Counselling or Psychotherapy

Mental Health Nurse

- Hold a Mental Health or Specialist Community Public Health Nurse registration with the Nursing & Midwifery Council

Nurse

- Hold an active registration with the Royal College of Nursing (RCN)

Medical Doctor

- Hold a Full, General or Specialist registration with the General Medical Council (GMC)

Psychiatrist

- Hold a Full, General or Specialist registration with the Royal College of Psychiatrists (RCP)

For all professions: Provisional or student registration or membership does not meet the standards for Certification. Coaches do not meet the standards for Certification, unless the Coach also holds a certification, registration or membership listed above.

Other applicants: Registered or credentialed professionals whose professional scope of practice allows them to diagnose and provide clinical mental health treatment plans for mental health disorders AND have met the registration or credentialing requirements in the United Kingdom are welcome to apply.

1.2 By applying for Certification, the applicant agrees to adhere to Evergreen Certifications' Professional Code of Ethics, available at [www.evergreencertifications.com/codeofethics](http://www.evergreencertifications.com/codeofethics)

## 2.0 Educational Standards

2.1 The candidate must meet the following education criteria (total minimum of 18 CPD hours):

### Core Personality Disorders Educational Competency Areas:

**Screening & Assessment** – understand what a personality disorder is and how it develops, clinical assessment tools, distinguish personality disorders from other clinical disorders, recognize co-morbidities

**Identification** – identify symptoms and distinguish between all 10 personality disorders

**Diagnosis** – utilization of current diagnostic models and how to accurately diagnose

**Treatment Interventions** – appropriate treatment recommendations, interventions, and goals for each personality disorder, basic knowledge of psychopharmacology and efficacy

**Suicide & Crisis Management** – suicide risk assessment, non-suicidal self-injury (NSSI), chronic suicidal ideation, violence and manipulation

**Clinical Considerations** – personality disorders across the lifespan, impact the personality disordered individual has on their family and close relationships

**Ethical Considerations** – maintain professional boundaries, transference/countertransference issues

2.2 Suitable education sources are approved CPD as documented by certificates of completion from the accredited training organization.

Evergreen Certifications will accept courses that have been completed within 3 years of initial application for Certification.

## 3.0 Clinical Experience Attestation

The applicant must attest that over the course of their career, they have conducted a minimum of 100 hours of therapeutic contact with an individual with personality disorder traits and/or diagnosis.

## 4.0 Required Documentation for Certification Eligibility

1. A copy of the candidate's professional registration, credential or membership
2. Copies of completion of training as outlined in the Educational Standards
3. A signed and completed application form with attestation that the candidate has met all the requirements detailed herein
4. Payment of certification application fee

Evergreen Certifications will certify candidates who meet the above requirements.

*Please note: Certification does not imply endorsement of clinical competency. As a professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.*

## 5.0 Required Documentation for Renewal of Certification

To maintain Certification, a reapplication is required. The steps to apply for a 1-year reapplication are as follows:

1. Submit, via email, to [info@evergreencertifications.com](mailto:info@evergreencertifications.com)
  - a. A copy of your candidate's professional registration, credential or membership
  - b. Completion certificate for six (6) CPD hours of personality disorder-focused training
2. Payment of re-certification application fee

You can also apply for reapplication for 2 or 3 years. Follow the process above, submitting twelve (12) CPD hours of training for a 2-year reapplication, and eighteen (18) CPD hours of training for a 3-year application.

Re-certification training hours need to have been taken in the time since you were last certified or recertified. Renewals are calculated from the date that your Certification was issued.

*If you allow your Certification to lapse for more than 2 years, you are no longer eligible to renew your Certification and instead can reapply for Certification.*