



## **Certified Addictions-Informed Mental Health Professional (CAIMHP) Certification Standards**

### **1.0 Professional Standards**

1.1 State or Nationally licensed as a (or equivalent if practicing outside of the United States):

- Psychologist
- Clinical Social Worker
- Certified Addictions Counselor
- Licensed Professional Counselor
- Marriage and Family Therapist
- Psychiatric Nurse

**OR:** A Graduate student in a clinical mental health program who is in the process of or has completed the clinical supervision requirements for licensure.

Canadian Applicants: Licensed professionals who have met the licensure requirements for Provincial and Territorial Regulatory Bodies are welcome to apply. If you are unsure if your professional background meets the standards for Certification, please email us a copy of your educational background and CV to [info@addictionspro.com](mailto:info@addictionspro.com)

UK Applicants: Senior accrediting members who are psychotherapists meet the standards for Certification. Being a BACP member and designation as a counsellor does not meet the standards for Certification.

1.2 The applicant in must:

- Be in good standing with the State or National Board or Organization that licenses him/her, including not being on probationary status for any reason.
- Not have been ethically or professionally denied application to or renewal of his/her professional membership in local, state or national associations to which he/she is qualified within the past 5 years.
- Not have had his/her professional or medical privileges restricted, revoked, or revised in any formal institutional setting (e.g., hospital, clinic or other clinical setting) based upon professional malpractice within the last 5 years.

### **2.0 Educational Standards**

2.1 The candidate must meet the following education criteria (total minimum of 12 clock hours at a post-graduate level):

- Biopsychosocial aspects of substance use disorders to include: genetics/biology, personality/psychology, attachment, trauma, social, and environment
  - The neurobiology of addiction
  - The substances and classification to include:
    - i. Alcohol & other depressants
    - ii. Stimulants
    - iii. Opioids
    - iv. Cannabinoids
    - v. "Psychedelic" chemicals
    - vi. Inhalants
- Substance use assessment to include:
  - Intake questions and screening tools
  - Rating scales

- Diagnoses
- Levels of use
- Biologic and physiologic markers of substance use
- Interplay/nexus of addictive behaviors/substance use and co-occurring disorders
- Behavioral/process addictions to include:
  - Compulsive gambling
  - Compulsive sexual behaviors
  - Electronic addictions
  - Symptoms of trauma
  - Comorbidities
- Treatment(s) to include:
  - Intervening
  - Levels of treatment and treatment selection
    - i. Detoxification
    - ii. Inpatient treatment
    - iii. Intensive Outpatient
    - iv. Outpatient treatment
  - Behavioral Treatments
  - Medication-Assisted Treatment
  - Support groups, including 12 step groups and alternatives
  - Harm Reduction
- Substance use among children and adolescents, prevention & treatment
- Special Populations to include LGBTQ clients and those in the Criminal Justice System
- Ethical and legal issues and considerations

2.2 Examples of Educational sources include but are not limited to:

- Post-Graduate level coursework from an accredited college or university as documented by a copy of the course syllabus and a transcript showing completion of the course
- Approved Continuing Education as documented by certificates of completion from training organization

### **3.0 Certification Client Work and Consultation Attestation**

The candidate must attest that, over the course of their career, he/she has completed a minimum of 100 contact hours with clients who have substance use disorder as co-occurring factor presented during mental health treatment.

### **4.0 Required Documentation for Certification Eligibility**

1. A copy of the candidate's license or graduate student status in the form of an unofficial or official transcript
2. Copies of completion of training as outline in the Educational Standards
3. A signed application form with attestation that the candidate has met all the requirements as detailed herein
4. Payment of certification application fee

ICAIP will certify candidates who meet the above requirements.

*Please note: Certification does not imply endorsement of clinical competency. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.*

### **5.0 Required Documentation for Renewal of Certification**

To maintain Certification, a reapplication is required. The steps to re-apply for a 1-year reapplication are as follows:

1. Submit, via email, a copy of your professional licensure as well as a completion certificate for six (6) clock hours of post-graduate level training specific to assessment and treatment of substance use disorders, co-occurring disorders, suicide/self-injury, psychological trauma to [info@addictionspro.com](mailto:info@addictionspro.com)
2. Payment of re-certification application fee

You can also apply for reapplication for 2 or 3 years. Follow the process above, submitting twelve (12) clock hours of training for a 2-year reapplication, and eighteen (18) clock hours of training for a 3-year application.

Re-certification training hours need to have been taken in the time since you were last certified or recertified.