



## Certification in Dialectical Behavior Therapy Certification Standards

### 1.0 Professional Standards

1.1 State or Nationally licensed as a (or equivalent if practicing outside of the United States):

- Psychologist
- Clinical Social Worker
- Licensed Professional Counselor
- Marriage and Family Therapist
- Psychiatrist
- Alcohol and Drug Counselor
- Psychiatric Nurse

*To be eligible for Certification, the applicant must have earned a minimum of a master's degree in a mental-health related profession and hold a professional license as noted above.*

Canadian Applicants: Licensed professionals who have met the licensure requirements for Provincial and Territorial Regulatory Bodies are welcome to apply. If you are unsure if your professional background meets the standards for Certification, please email us a copy of your educational background and CV to [info@evgci.com](mailto:info@evgci.com).

UK Applicants: Senior accrediting members who are psychotherapists meet the standards for Certification. Being a BACP member and designation as a counsellor does not meet the standards for Certification.

1.2 The applicant must:

- Be in good standing with the State Board that licenses him/her, including not being on probationary status for any reason.
- Not have been ethically or professionally denied application to or renewal of his/her professional membership in local, state or national associations to which he/she is qualified within the past 5 years.
- Not have had his/her professional or medical privileges restricted, revoked, or revised in any formal institutional setting (e.g., hospital, clinic or other clinical setting) based upon professional malpractice within the last 5 years.

### 2.0 Educational Standards

2.1 The applicant must meet the following education criteria (total minimum of 21 hours at a post-graduate level):

- Complete a minimum of 18 education hours in Dialectical Behavior Training, including 6 hours specific to Dialectical Behavior Therapy skills training.
- Complete a minimum of 3 education hours in Suicide/Risk Assessment and Intervention.

2.2 Examples of suitable education sources include, but are not limited to:

- Post-Graduate level coursework from an accredited college or university as documented by a copy of the course syllabus and a transcript showing completion of the course
- Approved Continuing Education as documented by certificates of completion from training organization

2.3 The applicant must attest that he/she has read the following:

- At least 2 practitioner books on the practice of Dialectical Behavior Therapy (i.e., not texts focused on Dialectical Behavior Therapy skills, but focused on Dialectical Behavior Therapy as a theoretical orientation)
- At least two Dialectical Behavior Therapy skills training manuals
- The American Psychological Association (APA) policy on the Evidence Based Practice of Psychology (EBPP)

### **3.0 Certification Client Work and Consultation Attestation**

The applicant must attest that, over the course of their career, he/she has conducted a minimum of 500 therapy hours using Dialectical Behavior Therapy as a theoretical orientation. Additionally, the applicant must attest to the use of clinical outcome evaluation procedures to monitor and adjust therapy consistent with the APA policy on evidence-based practice.

### **4.0 Required Documentation for Certification Eligibility**

1. A copy of the applicant's license
2. Copies of completion of training as outline in the Educational Standards
3. A signed application form with attestation that the applicant has met all the requirements as detailed herein
4. Payment of certification application fee

Evergreen Certification Institute will certify applicants who meet the above requirements.

*Please note: Certification does not imply endorsement of clinical competency. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.*

### **5.0 Required Documentation for Renewal of Certification**

To maintain Certification, a reapplication is required. The steps to re-apply for a 2-year reapplication are as follows:

1. Submit, via email, to [info@evgci.com](mailto:info@evgci.com):
  - A copy of your professional licensure
  - Completion certificate(s) for twelve (12) clock hours of post-graduate level training in Dialectical Behavior Therapy, Suicide Risk Assessment/Intervention, Crisis Intervention, Personality Disorders, Mindfulness, Emotional Regulation and/or Behavioral Analysis
2. Payment of re-certification application fee

Re-certification training hours need to have been taken in the time since you were last certified or recertified.