



Certified Mental Health Integrative Medicine Provider (CMHIMP) Certification Standards
Application Standards for Practicing Professionals in Australia and New Zealand

1.0 Professional Standards

1.1 Nationally registered, credentialed or member of the association noted:

- Registered Psychologist
 - Hold a general designation and/or with endorsement
 - Hold a registration with New Zealand Psychologists Board AND hold a practising certification
- Registered Counsellor
 - Be a Level 2, 3 or 4 member of the Australian Counselling Association
 - Be a full member of the New Zealand Association of Counsellors
- Social Worker
 - Be a member of the Australian Association of Social Workers
 - Hold a Practising Certificate with the Social Workers Registration Board
- Psychiatrist
 - Be accredited by the Royal Australian & New Zealand College of Psychiatrists
- Credentialed mental health nurse
- Registered nurse practitioner (NP)
- Advanced practice nurse (APN)
- Doctor of Medicine (MD)
 - Hold a General or Specialist registration with the Medical Board of Australia
 - Hold a practising certificate and be registered with the Medical Council of New Zealand
- Dietitian
 - Be an Accredited Practising Dietitian (APD) with the Dietitians Association of Australia
- Nutritionist
 - Be a Registered Nutritionist or Public Health Nutritionist with The Nutrition Society of Australia
- Occupational Therapist
 - Hold a registration with the Occupational Therapy Board of Australia

For all professions: Provisional or student registration does not meet the standards for Certification. Coaches do not meet the standards for Certification, unless the Coach also holds a certification, registration or membership listed above.

Other applicants: Registered or credentialed professionals whose professional scope of practice allows them to diagnose and provide clinical mental health treatment plans for mental health disorders AND have met the registration or credentialing requirements in Australia or New Zealand are welcome to apply. If you are unsure if your professional background meets the standards for Certification, please email a copy of your educational background, professional scope of practice, membership or registration and CV to info@mhimi.com

1.2 The applicant in must:

- Be in good standing with the State or National Board, Registry or Organization that represents their profession, including not being on probationary status for any reason.
- Not have been ethically or professionally denied application to or renewal of his/her professional membership in local, state or national associations to which he/she is qualified within the past 5 years.

- Not have had his/her professional or medical privileges restricted, revoked, or revised in any formal institutional setting (e.g., hospital, clinic or other clinical setting) based upon professional malpractice within the last 5 years.

2.0 Educational Standards

2.1 The candidate must meet the following education criteria (total minimum of 18 CPD hours at a post-graduate level), including hours specific to:

- Scope of practice
- Clinical application & evidence-based research of nutritional therapies, cultural medicine, nutritional supplementation, herbal medicine, acupuncture, aromatherapy, somatic therapies, detoxification for addiction
- Assessments for nutritional food & mood, adrenal stress, basic lab tests
- The relationship of mental and physical health
- How to rule out physical causes mental health presentations
- Addressing under/over eating and obesity
- Comprehensive non-pharmaceutical clinical treatment planning and protocols for DSM-5™ Disorders, including depression, anxiety, PTSD and complex trauma, bipolar, ADHD, body dysmorphia, OCD, bulimia, insomnia and addictions

2.2 Examples of Educational sources include but are not limited to:

- Post-Graduate level coursework from an accredited college or university as documented by a copy of the course syllabus and a transcript showing completion of the course
- Approved Continuing Education as documented by certificates of completion from training organization

3.0 Certification Client Work and Consolation Attestation

The candidate must attest that, over the course of their career, he/she has conducted a minimum of 20 clinical sessions with clients in which nutritional and integrative medicine approaches were discussed as part of a comprehensive mental health treatment plan.

4.0 Required Documentation for Certification Eligibility

1. A copy of the candidate's professional registration, credential or membership
2. Copies of completion of training as outline in the Educational Standards
3. A signed application form with attestation that the candidate has met all the requirements as detailed herein
4. Payment of certification application fee

MHIMI will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

5.0 Required Documentation for Renewal of Certification

To maintain Certification, a reapplication is required. The steps to apply for a 1-year reapplication are as follows:

1. Submit, via email, a copy of the applicant's professional registration, credential or membership as well as a completion certificate for six (6) CPD hours of post-graduate level, nutrition and integrative/complementary and alternative treatment approaches for mental health issues training to info@mhimi.com
2. Payment of re-certification application fee

You can also apply for reapplication for 2 or 3 years. Follow the process above, submitting twelve (12) CPD hours of training for a 2-year reapplication, and eighteen (18) CPD hours of training for a 3-year application.

Re-certification training hours need to have been taken in the time since you were last certified or recertified. Renewals are calculated from the date that your Certification was issued. If you allow your Certification to lapse for more than 3 years, you are no longer eligible to renew your Certification and instead can reapply for Certification.