



Certified Clinical Trauma Professional Level II (CCTP-II): Complex Trauma Certification Standards
Application Standards for Practicing Professionals in Australia and New Zealand

1.0 Statement of Purpose of Certified Clinical Trauma Professional Level II Certification

This Certification is intended for the professional who has an existing knowledge about trauma and an overview of trauma treatment modalities (CCTP for example or evidence of equivalency). The Level II Certification builds from that foundation and adds skills and tools designed to promote trauma healing. Training that underpins the Certification is reflective not only of the challenges of treating “fragmented”, dissociative, individuals but also of the unique factors that negatively influence the clinician’s therapeutic approach such as:

- Internal conflicts that patients can’t straightforwardly express in therapy;
- Lack of control over certain behaviors; and,
- The clinician’s confusion (often) with clients who may present in therapy as “not the same person” moment to moment, day to day.

Training should include the therapeutic complexities that show up with clients who have experienced repeated relational violations, such as difficulty with trust, boundary violations and early attachment related issues.

2.0 Professional Standards

2.1 Nationally registered, credentialed or member of the association noted:

- Registered Psychologist
 - Hold a general designation and/or with endorsement
 - Hold a registration with New Zealand Psychologists Board AND hold a practising certification
- Registered Counsellor
 - Be a Level 2, 3 or 4 member of the Australian Counselling Association
 - Be a full member of the New Zealand Association of Counsellors
- Social Worker
 - Be a member of the Australian Association of Social Workers
 - Hold a Practising Certificate with the Social Workers Registration Board
- Psychiatrist
 - Be accredited by the Royal Australian & New Zealand College of Psychiatrists
- Credentialed mental health nurse
- Registered nurse practitioner (NP)
- Advanced practice nurse (APN)
- Doctor of Medicine (MD)
 - Hold a General or Specialist registration with the Medical Board of Australia
 - Hold a practising certificate and be registered with the Medical Council of New Zealand

For all professions: Provisional or student registration does not meet the standards for Certification.

Other applicants: Registered or credentialed professionals whose professional scope of practice allows them to diagnose and provide clinical mental health treatment plans for mental health disorders AND have met the registration or credentialing requirements in Australia or New Zealand are welcome to apply. If you are unsure if your professional background meets the standards for Certification, please email a copy of your educational background, professional scope of practice, membership or registration and CV to info@evergreencertifications.com

2.2 The applicant in must:

- Be in good standing with the State or National Board, Registry or Organization that represents their profession, including not being on probationary status for any reason.
- Not have been ethically or professionally denied application to or renewal of his/her professional membership or registration in local, state or national associations to which he/she is qualified within the past 5 years.
- Not have had his/her professional or medical privileges restricted, revoked, or revised in any formal institutional setting (e.g., hospital, clinic or other clinical setting) based upon professional malpractice within the last 5 years.

3.0 Educational Standards

3.1 Prerequisite for Certification:

The candidate must evidence designation as a Certified Clinical Trauma Professional CCTP or provide evidence of equivalent knowledge (a minimum of 12 CPD of professional continuing education workshops or post-graduate education for example). A full listing of CCTP standards can be found here: www.evergreencertifications.com/CCTPAU

3.2 The candidate must meet the following education criteria (total minimum of 24 CPD at a post-graduate level):

- Complete a minimum of 18 CPD in Complex PTSD & Dissociation including hours specific to:
 - Neurobiology & Neuroscience of Complex Trauma and Dissociation
 - Expanded knowledge of the science & applicability of Porges' Polyvagal Theory
 - Neuroplasticity & Neural Networks
 - Psychopharmacology – trauma specific
 - Traumatic or Disorganized Attachment
 - Styles/strategies/stages of attachment
 - Symptoms of traumatic attachment
 - Lack of attachment
 - Neglect
 - Dissociation, (“fragmentation”) and working with parts of self
 - Adaptations to complex trauma and/or managing co-morbidities inclusive of extreme symptoms: self-injury, suicide, dissociation, numbing, process and substance addictions, eating disordered behavior, chronic, intractable depression, hyper/hypo sexuality, rage
 - Reframing the symptoms (survival resources or appreciating the protective function of trauma symptoms)
 - Therapist reactions and managing the therapeutic process:
 - Countertransference redefined (exploring the parts of the therapist that can get activated while working with complex trauma clients)
 - Therapeutic boundaries
 - Self-care for the therapist
 - Phase-Oriented Treatment
 - Phase I: Safety & Stabilization (development of therapeutic alliance), skills building (DBT Skills: mindfulness, emotion regulation, distress tolerance and interpersonal effectiveness that bring client back into the window of tolerance)

1. Submit, via email, a copy of your professional registration, credential or membership as well as a completion certificate for six (6) CPD hours of post-graduate level, trauma-focused training to info@evergeencertifications.com
2. Payment of re-certification application fee

You can also apply for reapplication for 2 or 3 years. Follow the process above, submitting twelve (12) CPD hours of training for a 2-year reapplication, and eighteen (18) CDP hours of training for a 3-year application.

Re-certification training hours need to have been taken in the time since you were last certified or recertified. Renewals are calculated from the date that your Certification was issued. If you allow your Certification to lapse for more than 3 years, you are no longer eligible to renew your Certification and instead can reapply for Certification.