



Anger Management Treatment Professional (AMTP)

1.0 Professional Standards

Anger Management Treatment Professional Certification is designed for professionals who have training in treating individuals with anger management challenges. Common professionals who apply for AMTP Certification include:

- Master's and Doctorate-level mental health providers
- Bachelor's prepared, non-licensed mental health providers
- Registered Nurses
- Clergy
- Educators

2.0 Educational Standards

2.1 The candidate must meet the following education criteria (total minimum of 12 clock hours at a post-graduate level):

- General brain science, including principals related to the emotional, social and angry brain
- Phases of an Anger Episode
- Rage, aggression, substance abuse and violence
- Anger management treatment for individuals and in a group setting
- Phases of treatment, including anger control plans, assertive training and conflict resolution

2.2 Examples of Educational sources include but are not limited to:

- Post-Graduate level coursework from an accredited college or university as documented by a copy of the course syllabus and a transcript showing completion of the course
- Approved Continuing Education as documented by certificates of completion from training organization

3.0 Required Documentation for Certification Eligibility

1. Copies of completion of training as outline in the Educational Standards
2. Payment of certification application fee

IATP will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

4.0 Required Documentation for Renewal of Certification

To maintain Certification, a reapplication is required. The steps to re-apply for a 1-year reapplication are as follows:

1. Submit, via email, a copy of your completion certificate for six (6) clock hours of post-graduate level, anger management strategy-focused training to info@traumapro.net
2. Payment of re-certification application fee

You can also apply for reapplication for 2 or 3 years. Follow the process above, submitting twelve (12) clock hours of training for a 2-year reapplication, and eighteen (18) clock hours of training for a 3-year application.

Re-certification training hours need to have been taken in the time since you were last certified or recertified.